

# Athletes of the week: Sand Creek's Nick Fox; Fairview's Lauren Rigg



## \* **Lauren Rigg, Fairview**

It was an All-American weekend for Rigg, the defending state champion in the 100-yard butterfly.

Rigg, a junior, won her specialty at the Boulder Valley Invitational with a time of 56.59 seconds and also got All-American consideration in the 200 individual medley (2:08.10), while swimming legs on the Knights' 200 medley (1:49.35) and 400 freestyle (3:44.55) relay teams.

Her butterfly time bettered her winning effort (57.50) at the state meet last year.

## \* **Nick Fox, Sand Creek**

Fox has been a standout when it comes to scoring and rebounding for the Scorpions. He is averaging 22.8 points, ninth best in the state, regardless of classification, and 12.5 rebounds, tops in the state.

Fox has recorded a double-double in those categories in every game this season. Last week, he scored 29 points and pulled down 13 rebounds in a 69-54 victory against Coronado, then followed with a 32-point, 13-rebound effort in an 83-62 loss to Rampart.