

BHS' Allen sets backstroke record at BCI

Camera staff report

Saturday, January 24, 2009

BOULDER, Colo. — Boulder's Sophie Allen set a Boulder County Invitational record with her time of 58.41 seconds in the 100-yard backstroke on Friday.

In the preliminary heats, Allen broke the record of 58.52 set by Niwot's Kristen Lahey in 2003.

In addition to the backstroke, Allen also won the preliminary heat of the 100 freestyle and was on Boulder's winning 400 freestyle relay team.

The finals begin at 3 p.m. today at the South Boulder Recreation Center.

Boulder County Invitational

(Preliminaries)

200-yard medley -- 1. Fairview (Kitayama, DeMuth, Rigg, Cazden) 1:51.76; 2. Monarch 1:52.14; 3. Broomfield 1:54.75.

200 freestyle -- 1. Anna Labozan, Monarch, 1:58.01; 2. Meghan Varner, Boulder, 2:00.41; 3. Emily Scraggs, Fairview, 2:01.70.

200 IM -- 1. Kia Dobie, Broomfield, 2:11.28; 2. Katalena Laufasa-Duncan, Broomfield, 2:15.48; 3. Lauren Rigg, Fairview, 2:15.63.

50 freestyle -- 1. Siobhan Hengemuhle, Boulder, 24.61; Rachel Cazden, Fairview, 25.12; 2. Tasia DeMuth, Fairview, 25.12.

100 butterfly -- 1. Tara DeMuth, Fairview, 59.33; 2. Taylor Kitayama, Fairview, 59.65; 3. Lauren Rigg, Fairview, 59.86.

100 free -- 1. Sophie Allen, Boulder, 53.07; 2. Siobhan Hengemuhle, Boulder, 53.49; 3. Tasia DeMuth, Fairview, 53.82.

500 free -- 1. Jaclyn Best, Boulder, 5:09.96; 2. Sydney Pair, Fairview, 5:13.90; 3. Kia Dobie, Broomfield, 5:16.07.

200 free relay -- 1. Fairview (Sedeghat, Scraggs, DeMuth, Cazden) 1:42.07; 2. Boulder 1:42.31; 3. Niwot 1:44.25.

100 backstroke -- 1. Sophie Allen, Boulder, 58.41; 2. Taylor Kitayama, Fairview, 58.84; 3. Anna Labozan, Monarch, 59.63.

100 breaststroke -- 1. Whitney Fletcher, Monarch, 1:07.34; 2. Lindsay Banning, Silver Creek, 1:08.51; 3. Tara DeMuth, Fairview, 1:08.77.

400 free relay -- 1. Boulder (Allen, Varner, Ruger, Hengemuhle) 3:40.95; 2. Fairview 3:45.74; 3. Monarch 3:46.30.