

JV CHAMPIONSHIP TIME SCHEDULE

9:00 AM	Weigh in for throws and pole vault		
9:30 AM	Coaches Meeting - Locker Room : Scratches(only) and meet info		
10:00 AM	Long Jump	Boys followed by Girls	3 / Finals
	Triple Jump	Girls followed by Boys	3 / Finals
	Discus	Boys followed by Girls	3 / Finals
	Shot Put	Girls followed by Boys	3 / Finals
	Pole Vault	Girls followed by Boys	Finals
	High Jump	Boys followed by Girls	Finals
10:00 AM	800 M Medley	Girls	Finals - Heats vs time
10:15	800 M Medley	Boys	Finals - Heats vs time
10:30	4 x 800 M Relay	Girls	Finals - Heats vs time
10:45	4 x 800 M Relay	Boys	Finals - Heats vs time
11:10	100 M Hurdles	Girls	Finals - Heats vs time
11:35	110 M Hurdles	Boys	Finals - Heats vs time
12:00 PM	100 M Dash	Girls	Finals - Heats vs time
12:20	100 M Dash	Boys	Finals - Heats vs time
12:40	4 x 200 M Relay	Girls	Finals - Heats vs time
12:50	4 x 200 M Relay	Boys	Finals - Heats vs time
1:00	1600 M Run	Girls	Finals - Heats vs time
1:15	1600 M Run	Boys	Finals - Heats vs time
1:30	4 x 100 M Relay	Girls	Finals - Heats vs time
1:40	4 x 100 M Relay	Boys	Finals - Heats vs time
1:50	400 M Dash	Girls	Finals - Heats vs time
2:20	400 M Dash	Boys	Finals - Heats vs time
2:50	300 M Low Hurdles	Girls	Finals - Heats vs time
3:20	300 M IM Hurdles	Boys	Finals - Heats vs time
3:50	800 M Run	Girls	Finals - Heats vs time
4:10	800 M Run	Boys	Finals - Heats vs time
4:25	200 M Dash	Girls	Finals - Heats vs time
4:55	200 M Dash	Boys	Finals - Heats vs time
5:25	3200 M Run	Girls	Finals - Heats vs time
6:00	3200 M Run	Boys	Finals - Heats vs time
6:25	4 x 400 M Relay	Girls	Finals - Heats vs time
6:45	4 x 400 M Relay	Boys	Finals - Heats vs time

*******WE WILL RUN AHEAD OF SCHEDULE!!!!**