

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	Wind
Finals				
1 Godar, Elizabeth	JR Fort Morgan	12.90	13.45	-3.0
2 Winchester, Kyja	SO Montbello	13.00	13.56	-3.0
3 Burl-Wright, Dawn	SO Overland	13.00	13.65	-3.0
4 Henton, callie	JR Alamosa	13.00	13.90	-3.0
5 Clark, Lindsay	FR Green Mountian	13.00	13.92	-3.0
6 Hackstaff, natalie	SR St. Mary's Academy	13.00	14.02	-3.0
7 Hackstaff, Ellen	SR St. Mary's Academy	13.00	14.37	-3.0

Girls 100 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Comstock, Mackenzie	FR Green Mountian	12.80	13.21	-3.4
2 Jones, Breanna	SR Grand Junction	12.80	13.30	-3.4
3 Bodenhorn, Lindsey	SR Highlands Ranch	12.90	13.46	-3.4
4 Hudson, Tedhi	SR Dakota Ridge	12.80	13.47	-3.4
5 Scott, Dejouray	SO Gateway	12.80	13.48	-3.4
6 Richards, Sydney	SO Mullen	12.90	14.00	-3.4
7 Wilke, Caitlin	SR Wheat Ridge	12.90	14.17	-3.4

Girls 100 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Whitmore, Brianna	SR Broomfield	13.10	13.38	-2.5
2 Bryant, Kaylene	FR Smoky Hill	13.00	13.49	-2.5
3 Johnson, Merideth	FR Fort Collins	13.10	13.52	-2.5
4 Johnson, Jaynelle	FR George Washington	13.00	13.61	-2.5
5 Vaggalis, Kelly	SO Conifer	13.10	13.83	-2.5
6 Mattox, katie	SR Monarch	13.20	13.95	-2.5
7 Kramer, Addison	SO Cherry Creek	13.10	14.12	-2.5

Girls 100 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Blok, Emily	SR Conifer	11.80	12.91	-1.4
2 Slouka, Andrea	JR Heritage	12.10	13.05	-1.4
3 Boyd, Lindsey	JR Standley Lake	12.60	13.38	-1.4
4 Foster, Ashley	SR Fort Collins	12.30	13.39	-1.4
5 Poter, Tianna	FR Overland	12.50	13.47	-1.4
6 Shumpert, Tierra	SO Highlands Ranch	12.50	13.48	-1.4
-- Fisher-Taylor, Kayla	JR Montbello	12.30	DQ	-1.4

Girls 100 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Urbanoski, Erin	SR Moffat County	12.60	13.14	-2.9
2 Ryken, Stephanie	SO Grand Junction	12.70	13.39	-2.9
3 Domena, Austraya	JR Aurora Central	12.70	13.45	-2.9

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4 Reid, Sam	JR Classical Academy	12.60	13.46	-2.9
5 Vollmer, Iris	JR Wheat Ridge	12.60	13.62	-2.9
6 Hoskins, Ashley	SO Mullen	12.70	13.90	-2.9
7 Mock, Erin	FR Heritage	12.70	14.02	-2.9

Girls 200 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Reid, Sam	JR Classical Academy	26.50	27.81	-7.4
2 Jones, Breanna	SR Grand Junction	26.60	28.25	-7.4
3 Cropp, Cherelle	SR Smoky Hill	26.50	28.97	-7.4
4 Garcia, Marissa	SR Dakota Ridge	26.80	29.55	-7.4

Girls 200 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Boyd, Lindsey	JR Standley Lake	26.90	27.68	-6.4
2 Cannon, Chaela	SO George Washington	26.90	27.86	-6.4
3 Opgenorth, Rachel	JR Cherry Creek	26.90	28.07	-6.4
3 Grimm, Alexis	SO Chaparral	27.00	28.07	-6.4
5 Hackstaff, natalie	SR St. Mary's Academy	27.00	29.32	-6.4
6 Murray, Alexandria	FR George Washington	27.00	29.53	-6.4
7 Vaggalis, Kelly	SO Conifer	26.90	29.97	-6.4

Girls 200 Meter Dash

Name	Year School	Seed	Finals	Wind
1 Slouka, Andrea	JR Heritage	24.80	26.39	-7.8
2 Blok, Emily	SR Conifer	24.10	26.67	-7.8
3 Scott, Christine	FR St. Mary's Academy	25.50	27.53	-7.8
4 Palmere, Laura	SR Mullen	24.90	28.21	-7.8
5 Ryken, Stephanie	SO Grand Junction	25.50	28.29	-7.8
6 Domena, Austraya	JR Aurora Central	25.60	29.15	-7.8

Girls 200 Meter Dash

Name	Year School	Seed	Finals	Wind
1 McNulty, Lashay	JR Cherokee Trail	25.70	28.27	9.5
2 Amack, Alyssa	JR Thunderridge	26.20	28.49	9.5
3 Williams, Tacole	SR Sheridan		28.52	9.5
4 Wishmeyer, katherine	JR Thunderridge	26.00	28.54	9.5
5 Heaston, Olivia	SR Cherry Creek	26.30	28.63	9.5
6 Scott, Dejouray	SO Gateway	26.40	28.93	9.5

Girls 400 Meter Dash

Name	Year School	Seed	Finals
1 Narum, Kristen	SO Fariview	59.20	58.29
2 Method, Serria	FR Thompson Valley	1:00.20	59.59

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3	Aguilar, Ariel	SR	Cherry Creek	1:00.70	1:00.65
4	harrell, Shannon	JR	Classical Academy	59.80	1:01.89
5	Vollmer, Iris	JR	Wheat Ridge	1:00.40	1:02.67
6	Amack, Alyssa	JR	Thunderridge	1:00.00	1:03.80
7	Kame, Amy	JR	Central-Grand Jct.	1:00.00	1:05.99

Girls 400 Meter Dash

Name	Year	School	Seed	Finals
1 Tremblay, Liz	SR	Thompson Valley	56.30	56.07
2 Foster, Ashley	SR	Fort Collins	59.10	59.13
3 Locke, Paige	SO	Sterling	58.90	59.56
4 Wishmeyer, Katherine	JR	Thunderridge	59.10	59.94
5 Garbowski, Renata	SR	George Washington	59.00	1:01.84
6 Moton, Elizabeth	SO	St. Mary's Academy	58.00	1:05.25

Girls 400 Meter Dash

Name	Year	School	Seed	Finals
1 Hickey, Emily	SO	Highlands Ranch	1:02.00	1:02.70
2 Leach, Michaela	JR	Greeley West	1:02.60	1:03.03
3 Whitmore, Brianna	SR	Broomfield	1:02.00	1:03.33
4 Prasad, Anais	JR	Silver Creek	1:02.00	1:03.38
5 Bergeb, Melanie	SR	Chaparral	1:02.00	1:03.93
6 DiGiacomo, Alaina	SR	Silver Creek	1:02.00	1:04.78

Girls 400 Meter Dash

Name	Year	School	Seed	Finals
1 Stephen, Danielle	SR	Green Mountain	1:01.70	1:01.37
2 McCormick, Gretchen	SR	Mountain View	1:09.00	1:01.62
3 Narum, Emily	FR	Fariview	1:01.30	1:02.01
4 Vigil, Paige	SR	Platte Canyon	1:01.20	1:02.68
5 Sojourner, Allie	SR	Pine Creek	1:01.30	1:03.04
6 Mims, Cassidi	SR	Grand Junction	1:01.00	1:03.20
7 Johnston, Jordan	JR	Fort Collins	1:01.60	1:03.45

Girls 800 Meter Run

Name	Year	School	Seed	Finals
1 Knudson, Alesha	SO	Mountain Range	2:25.30	2:26.31
2 Mazzocco, Kassie	SR	Classical Academy	2:25.90	2:27.04
3 Lyons, Precious	SR	George Washington	2:24.10	2:27.93
4 Ritzel, McLane	JR	Highlands Ranch	2:24.50	2:28.68
5 Smith, Denise	SR	George Washington	2:25.40	2:31.65
6 Goodbarn, Biz	SR	Highlands Ranch	2:25.00	2:32.03
7 Rasey, Erin	JR	Wheat Ridge	2:23.00	2:32.98
8 Prasad, Anais	JR	Silver Creek	2:26.10	2:33.07
9 Williams, Megan	JR	Cherry Creek	2:27.00	2:33.20
10 Haynes, Kaylie	FR	Columbine	2:25.00	2:33.28

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11	Carlson, Jill	JR	Broomfield	2:27.50	2:33.33
12	Saunders, Julia	SR	Akron	2:26.30	2:39.56
13	Allen, Lisa	SR	Smoky Hill	2:26.00	2:41.86
14	Stahl, Katie	JR	St. Mary's Academy	2:25.00	2:56.38

Girls 800 Meter Run

Name	Year	School	Seed	Finals	
1	Thompson, Samantha	SR	Sierra	2:16.20	2:15.19
2	Fabrizio, Vanessa	JR	Mullen	2:17.00	2:16.50
3	Tremblay, Liz	SR	Thompson Valley	2:20.50	2:18.32
4	Nelson, Alicia	SR	Moffat County	2:16.90	2:19.70
5	Regan, Brooke	SR	Thompson Valley	2:18.00	2:19.91
6	Brown, Kelsey	SR	Classical Academy	2:18.20	2:20.63
7	Desouchet, Nicki	SO	Alamosa	2:14.40	2:22.97
8	Ogan, Tati	SR	Fort Collins	2:19.00	2:23.96
9	Rogers, Natosha	SR	Dakota Ridge	2:20.80	2:24.39
10	Hansen, Kim	SO	Estes Park	2:18.30	2:24.43
11	Hanrahan, Kelli	SR	Chaparral	2:20.00	2:28.49
12	Follett, Kristen	JR	Fort Collins	2:20.00	2:29.78
13	Warren, Taylor	JR	Evergreen	2:20.00	2:31.57
14	Wojan, Katelyn	JR	Chaparral	2:19.00	2:32.39
15	Burger, Anna	JR	Fariview	2:21.00	2:34.66

Girls 800 Meter Run

Name	Year	School	Seed	Finals	
1	Mosby, Morgan	SR	Mullen		2:26.02
2	Sjoerdsma, Lynnea	SR	Doherty	2:29.30	2:27.80
3	Beyer, Jenna	JR	Fariview	2:30.00	2:28.34
4	Bonato, Brittany	SO	Thunderridge	2:28.00	2:28.93
5	Jourgensen, Maddy	SO	Moffat County	2:30.20	2:31.08
6	McMillian, Tenisha	SO	Sierra	2:32.00	2:33.46
7	Jablonski, Marina	SO	Thunderridge	2:27.60	2:33.72
8	Bridget, Tiernan	SR	Pine Creek	2:28.60	2:35.96
9	Baldocchi, Katie	SR	Boulder	2:29.30	2:37.79
10	DiGiacomo, Alaina	SR	Silver Creek	2:30.50	2:37.98
11	Nelson, Brittany	SR	Smoky Hill	2:32.00	2:39.21
12	Cowley, Melissa	FR	Cherokee Trail	2:32.10	2:40.91
13	Spalinger, Kaila	SO	D'Evelyn	2:33.50	2:41.92
14	Brainerd, Lucy	FR	Heritage	2:30.00	2:43.17
15	Walton, Iyona	FR	Montbello	2:31.40	2:52.13

Girls 1600 Meter Run

Name	Year	School	Seed	Finals	
1	Fulton, Eleanor	SO	Highlands Ranch	5:00.10	4:57.08
2	Thompson, Samantha	SR	Sierra	5:04.60	4:58.73
3	Tremblay, Laura	SR	Thompson Valley	5:03.20	5:01.14
4	Lakowske, Kelsey	SO	Boulder	5:12.00	5:03.09
5	Gallagher, Clare	JR	Cherry Creek	5:07.00	5:06.09

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6 Nelson, Alicia	SR	Moffat County	5:08.80	5:08.30
7 Gerard, Dominique	SO	Thunderridge	5:13.00	5:09.04
8 Rogers, Natosha	SR	Dakota Ridge	5:12.00	5:14.91
9 Lewis, Sam	FR	Boulder	5:20.00	5:15.58
10 Sowards, Lindsay	SR	Alamosa	5:14.30	5:16.07
11 Ritzel, McLane	JR	Highlands Ranch	5:26.00	5:21.82
12 Jourgensen, Maddy	SO	Moffat County	5:20.60	5:23.06
13 Swenson, Sarah	JR	Greeley West	5:20.50	5:24.09
14 Benzal, Miranda	FR	Fort Collins	5:18.00	5:25.10
15 Viger, Rachael	FR	Fort Collins	5:21.00	5:28.48
16 Funkhauser, Nikki	JR	Columbine	5:18.00	5:29.47
17 Grossman, Dani	SO	Cheyenne Mountain	5:35.00	5:34.90

Girls 1600 Meter Run

Name	Year	School	Seed	Finals
1 Killingsworth, Elle	JR	Green Mountian	5:47.20	5:40.15
2 Odum, Cara	SO	Cherry Creek	5:50.00	5:42.73
3 Whetsell, Kelsey	JR	Castle View	5:50.00	5:43.14
4 Wamboldt, Ashley	FR	Dakota Ridge	5:50.00	5:48.04
5 Weprin, Torie	SO	Centaurus	5:40.00	5:52.02
6 LaShell, Miranda	SO	Durango	5:52.00	5:53.72
7 Weitzel, Chelsea	SO	Estes Park	5:50.00	5:54.38
8 Carpenter, Andi	JR	Green Mountian	5:52.20	5:57.78
9 Atkinson, Aubrey	JR	Cherokee Trail	5:40.20	5:59.54
10 Gavito, Tori	JR	Standley Lake	5:55.00	5:59.78
11 Kindvsavatter, Rachel	JR	Wheat Ridge	5:40.00	6:09.46
12 Muniz, Sophie	JR	Cherokee Trail	5:50.00	6:13.47
13 Stahl, Katie	JR	St. Mary's Academy	5:50.00	6:16.64

Girls 1600 Meter Run

Name	Year	School	Seed	Finals
1 Stableford, Shelby	FR	Classical Academy	5:27.00	5:28.07
2 Sjoerdsma, Lynnea	SR	Doherty	5:32.20	5:31.00
3 Wojan, Katelyn	JR	Chaparral	5:35.00	5:32.53
4 Hine, Caroline	JR	Chaparral	5:29.00	5:35.22
5 Hilte, Aubrey		Doherty		5:36.87
6 Martin, lauren	SR	Alamosa	5:27.80	5:37.41
7 Bartosch, Marissa	SO	Thunderridge	5:38.00	5:39.35
8 Saunders, Julia	SR	Akron	5:35.30	5:45.92
9 Haase, Hilary	JR	Platte Canyon	5:38.00	6:01.26

Girls 3200 Meter Run

Name	Year	School	Seed	Finals
1 Lakowske, Kelsey	SO	Boulder	11:22.00	11:21.76
2 Gallagher, Clare	JR	Cherry Creek	11:23.00	11:24.64
3 Smalley, Ashlee	SR	Greeley West	11:35.70	11:28.91
4 Lewis, Sam	FR	Boulder	11:28.80	11:32.52
5 Stableford, Shelby	FR	Classical Academy	11:52.10	11:45.74

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6	Sowards, Lindsay	SR	Alamosa	11:12.20	11:47.04
7	Lillo, Paige	SR	Dakota Ridge	11:33.00	11:57.32
8	Martin, Lauren	SR	Alamosa	11:53.70	12:03.59
9	Grossman, Dani	SO	Cheyenne Mountain	12:01.00	12:05.04
10	Hilte, Aubrey		Doherty		12:05.83
11	Hine, Caroline	JR	Chaparral	11:45.00	12:06.47
12	Funkhauser, Nikki	JR	Columbine	11:35.00	12:14.48
13	Hadjis, Ruth-Ann	JR	Pine Creek	12:07.00	12:15.43
14	Haebe, Bryn	SO	Evergreen	11:50.00	12:24.14
15	Pensack-rinehart, Hanna	FR	Thompson Valley	11:55.00	12:27.36
16	Slauson, Kelsey	FR	Grand Junction	11:55.00	12:27.57
17	Russ, Ryan	JR	Mullen	11:35.00	12:30.15
18	Petach, Anika	SR	Fariview	12:10.00	12:36.11
19	Cunningham, Jessica	SR	Thompson Valley	11:55.00	12:36.55
20	Anderson, Leah	SO	Doherty	12:11.40	12:41.67
21	Whetsell, Kelsey	JR	Castle View	12:32.00	12:44.10
22	Gifford, Payton	FR	Mullen	11:22.00	12:54.35
23	Obrien, Maura	FR	Evergreen	12:00.00	12:57.79
24	Ceja, Nichole	SO	Dakota Ridge	12:30.00	12:58.02
25	Morales, Kelsey	JR	Smoky Hill	12:41.00	13:16.53
26	Mills, Laruen	SO	Smoky Hill	12:33.00	13:21.14
27	Kinney, Erin	SO	Durango	12:35.90	13:59.71

Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	Wind	
1	Kunz, Annie	SO	Wheat Ridge	14.70	14.83	1.2
2	Benson, Sara	JR	Rampart	15.00	14.87	1.2
3	Miknis, Ashley	SR	Broomfield	15.40	15.60	1.2
4	White, Daphne	SR	Boulder	15.70	17.47	1.2
5	Johnson, Bri	SR	Mitchell	15.60	17.63	1.2
6	Ankoviak, Kelsey	JR	Wheat Ridge	15.60	18.31	1.2

Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	Wind	
1	Alvarez, Katheryn	JR	Cheyenne Mountain	15.06	15.62	0.8
2	Derrieux, Jamie	FR	Grand Junction	16.40	16.06	0.8
3	Follett, Paige	JR	Chaparral	16.00	16.17	0.8
4	Anderson, Olivia	FR	Cherry Creek	16.50	16.43	0.8
5	Westfall, Libby	JR	Pine Creek	16.20	16.46	0.8
6	Farquhar, Kirsten	SO	Rampart	16.60	16.47	0.8
7	Johnson, Kayla	JR	Dakota Ridge	16.30	16.71	0.8

Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	Wind	
1	Beasley, Kierian	FR	Mountain Range	17.50	17.42	0.2
2	Davis, Vail	JR	Dakota Ridge	17.50	17.97	0.2
3	Watson, Velencia	SO	Smoky Hill	17.10	18.11	0.2
4	Holtorf, Katie	FR	Akron	17.10	18.31	0.2

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5	Miller, Mackenzie	SO	Conifer	17.50	19.03	0.2
6	Barney, Niki	SO	D'Evelyn	17.50	19.72	0.2
7	Madrill, Bianca	SR	Alamosa	17.90	21.01	0.2

Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	Wind	
1	Keith, Carrie	SR	Monarch	18.10	18.07	-0.1
2	Schmitzer, Rachel	JR	Denver South	18.80	18.45	-0.1
3	Bishop, Ashley	31	Durango	17.90	18.70	-0.1
4	Asmus, Alicia	JR	Standley Lake	18.40	18.74	-0.1
5	Streeter, Beth	SO	Smoky Hill	18.50	19.03	-0.1
6	Chase, Kendra	FR	Central-Grand Jct.	19.00	19.62	-0.1
7	Bregman, Kendal	DO	D'Evelyn	18.90	20.14	-0.1

Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	Wind	
1	Chamberlain, Sam		Cheyenne Mountain	15.94	0.2	
2	Schumacher, Kirsten	JR	Sterling	16.60	16.44	0.2
3	Bowers, Courtney	SR	Thunderridge	16.90	16.85	0.2
4	Volk, Kelsey	SR	Mountain View	16.90	16.88	0.2
5	McPhee, Rachel	JR	Estes Park	16.60	17.39	0.2
6	Squadra, Emily	SR	Boulder	16.70	17.90	0.2

Girls 300 Meter Hurdles

Name	Year	School	Seed	Finals	
1	Benson, Sara	JR	Rampart	45.90	44.86
2	Alvarez, Katheryn	JR	Cheyenne Mountain		44.96
3	Miknis, Ashley	SR	Broomfield	46.20	46.37
4	Farquhar, Kirsten	SO	Rampart	47.00	47.51
5	Laballey, Emily	JR	Classical Academy	47.00	48.25
6	Emerson, Vanessa	SR	Aurora Central	46.80	49.55
7	McPhee, Rachel	JR	Estes Park	46.30	49.59
8	White, Daphne	SR	Boulder	47.20	50.27

Girls 300 Meter Hurdles

Name	Year	School	Seed	Finals	
1	Anderson, Olivia	FR	Cherry Creek	47.70	48.05
2	Ankoviak, Kelsey	JR	Wheat Ridge		49.26
3	Squadra, Emily	SR	Boulder	47.50	49.51
4	Keith, Carrie	SR	Monarch	47.80	49.54
5	Franklin, Kirsten	FR	Greeley West	47.80	50.37
6	Riggins, Maddison	JR	Mullen	47.00	50.98

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Name	Year School	Seed	Finals
1 Chamberlain, Sam	Cheyenne Mountain		46.88
2 Bowers, Courtney	SR Thunderridge	48.90	48.88
3 Yarrow, Laura	FR Pine Creek	49.20	50.31
4 Hildebrandt, Ava	JR Pine Creek	49.70	50.95
5 Schumacher, Kirsten	JR Sterling	49.70	52.00
6 Gray, Alycia	SR Highlands Ranch	49.90	52.65

Girls 300 Meter Hurdles

Name	Year School	Seed	Finals
1 Rotondo, Chelsea	SR Sierra	48.60	48.03
2 Johnson, Kayla	JR Dakota Ridge	48.00	48.69
3 Watson, Velencia	SO Smoky Hill	48.10	49.21
4 Shell, Lindsey	SO Mullen	48.00	49.74
5 Whitham, Morgan	JR Mullen	48.00	50.19

Girls 4x100 Meter Relay

School	Seed	Finals
1 Alamosa 'A'	52.90	52.23
2 Monarch 'A'	53.50	52.34
3 Harrison 'A'	53.40	52.68
4 D'Evelyn 'A'	53.90	52.86
5 Greeley West 'A'	53.20	54.20
6 Gateway 'A'	53.40	54.75
7 Durango 'A'	53.90	54.82
-- Pomona 'A'	53.00	DNF

Girls 4x100 Meter Relay

School	Seed	Finals
1 Mitchell 'A'	52.50	51.40
2 Green Mountain 'A'	52.30	51.94
3 Standley Lake 'A'	52.90	52.32
4 Akron 'A'	52.20	52.58
5 Hinkley 'A'	52.50	52.60
6 Sierra 'A'	51.70	52.87
7 Cherry Creek 'A'	52.50	54.25
8 Wheat Ridge 'A'	52.60	54.30

Girls 4x100 Meter Relay

School	Seed	Finals
1 Platte Canyon 'A'	54.10	54.15
2 Denver South 'A'	1:09.00	57.18
3 St. Mary's Academy 'A'	1:01.00	57.47
-- Central-Grand Jct. 'A'	54.00	DQ

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1 Overland 'A'	50.00	50.39
2 Montbello 'A'	48.10	51.23
3 Smoky Hill 'A'	50.00	51.38
4 Highlands Ranch 'A'	50.10	51.56
5 George Washington 'A'	50.00	51.77
6 Dakota Ridge 'A'	49.10	52.08
7 Cherokee Trail 'A'	50.20	52.19

Girls 4x100 Meter Relay

School	Seed	Finals
1 Grand Junction 'A'	50.50	50.68
2 Heritage 'A'	50.90	50.71
3 Mountain View 'A'	51.20	51.10
4 Mullen 'A'	51.00	54.29
-- Chaparral 'A'	52.00	DNF
-- Doherty 'A'	52.00	DNF

Girls 4x200 Meter Relay

School	Seed	Finals
1 Pomona 'A'	1:54.00	1:55.26
2 Heritage 'A'	1:54.00	1:56.52
3 Castle View 'A'	1:59.00	1:58.48
4 Dakota Ridge 'A'	1:54.00	1:59.62
5 Conifer 'A'	1:55.10	2:01.37

Girls 4x200 Meter Relay

School	Seed	Finals
1 Wheat Ridge 'A'		1:52.68
2 Standley Lake 'A'	1:51.10	1:53.42
3 Monarch 'A'	1:51.90	1:54.07
4 Hinkley 'A'	1:52.00	1:55.63
5 Greeley West 'A'	1:51.90	1:55.98
6 Durango 'A'	1:53.10	1:56.37
7 Mullen 'A'	1:52.50	1:56.81

Girls 4x200 Meter Relay

School	Seed	Finals
1 Harrison 'A'	1:57.20	1:53.01
2 Highlands Ranch 'A'	1:55.30	1:55.66
3 D'Evelyn 'A'	2:02.60	1:57.59
4 St. Mary's Academy 'A'	2:04.00	1:59.63
5 Denver South 'A'	2:05.00	2:01.75

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****Girls 4x200 Meter Relay**

School	Seed	Finals
1 Overland 'A'	1:43.00	1:47.77
1 Cherry Creek 'A'	1:43.50	1:47.77
3 Grand Junction 'A'	1:47.40	1:50.23
4 Classical Academy 'A'	1:48.30	1:51.19
5 Cheyenne Mountain 'A'	1:47.40	1:52.06
6 George Washington 'A'	1:47.20	1:52.66
7 Smoky Hill 'A'	1:46.10	1:53.08
8 Sierra 'A'	1:48.00	1:55.61

Girls 4x200 Meter Relay

School	Seed	Finals
1 Montbello 'A'	1:50.00	1:48.65
1 Mountain View 'A'	1:49.10	1:48.65
3 Mitchell 'A'	1:50.00	1:52.64
4 Akron 'A'	1:50.30	1:52.77
5 Green Mountian 'A'	1:51.00	1:53.23

Girls 4x400 Meter Relay

School	Seed	Finals
1 Mountain View 'A'	4:11.10	4:10.67
2 Heritage 'A'	4:15.00	4:15.89
3 George Washington 'A'	4:16.20	4:22.98
4 Smoky Hill 'A'	4:17.30	4:26.19
5 Wheat Ridge 'A'	4:14.00	4:27.17
6 Montbello 'A'	4:16.00	4:35.26

Girls 4x400 Meter Relay

School	Seed	Finals
1 Thompson Valley 'A'	3:54.45	3:57.91
2 Classical Academy 'A'	4:08.30	4:07.34
3 Chaparral 'A'	4:08.00	4:17.32
4 Cherry Creek 'A'	4:09.90	4:22.75

Girls 4x400 Meter Relay

School	Seed	Finals
1 Green Mountian 'A'	4:33.00	4:24.49
2 D'Evelyn 'A'	4:36.50	4:28.96
3 Estes Park 'A'	4:32.30	4:35.63
4 St. Mary's Academy 'A'	5:00.00	5:00.91
5 Denver South 'A'	4:40.00	5:27.15

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****Girls 4x400 Meter Relay**

School	Seed	Finals
1 Akron 'A'	4:19.20	4:20.88
2 Pine Creek 'A'	4:19.00	4:21.11
3 Mitchell 'A'	4:19.00	4:24.67
4 Cherokee Trail 'A'	4:17.60	4:25.35
5 Durango 'A'	4:24.40	4:28.42
6 Evergreen 'A'	4:25.10	4:31.34

Girls 4x400 Meter Relay

School	Seed	Finals
1 Sierra 'A'	4:29.20	4:13.92
2 Monarch 'A'	4:27.40	4:22.99
3 Conifer 'A'	4:25.40	4:28.35
4 Pomona 'A'	4:30.00	4:31.60
5 Hinkley 'A'	4:28.00	4:35.04
6 Central-Grand Jct. 'A'	4:24.00	4:52.27

Girls 4x800 Meter Relay

School	Seed	Finals
1 Alamosa 'A'	9:46.00	9:42.91
2 Boulder 'A'	9:53.20	9:51.02
3 Cherry Creek 'A'	9:59.50	10:00.55
4 Doherty 'A'	9:58.00	10:07.83
5 Pine Creek 'A'	10:09.00	10:16.43
6 Heritage 'A'	10:05.00	10:21.78
7 Smoky Hill 'A'	10:13.00	10:26.98
8 Mullen 'A'	10:20.00	10:29.60

Girls 4x800 Meter Relay

School	Seed	Finals
1 Cherokee Trail 'A'	10:22.00	10:27.85
2 D'Evelyn 'A'	10:30.50	10:28.25
3 Green Mountain 'A'	10:35.60	10:32.13
4 Durango 'A'	10:36.00	10:40.37
5 Conifer 'A'	10:50.70	10:57.50
6 Montbello 'A'	11:05.20	11:00.39
7 Evergreen 'A'	10:40.00	11:00.96
8 Standley Lake 'A'	11:02.10	11:12.47
9 Platte Canyon 'A'	10:58.00	11:19.47
10 Wheat Ridge 'A'	11:00.00	11:40.49

Girls 800 Sprint Medley

School	Seed	Finals
1 Central-Grand Jct. 'A'	2:02.00	1:59.55
2 D'Evelyn 'A'	2:02.40	2:01.11

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****....Girls 800 Sprint Medley**

3	Wheat Ridge 'A'	2:07.00	2:03.73
4	Durango 'A'	2:01.30	2:06.35
5	St. Mary's Academy 'A'	2:02.00	2:07.04
6	Denver South 'A'	2:59.60	2:16.88

Girls 800 Sprint Medley

School	Seed	Finals
1 Akron 'A'	1:55.60	1:55.33
2 Mountain View 'A'	1:55.30	1:56.65
3 Harrison 'A'	1:54.55	1:57.37
4 Green Mountain 'A'	1:54.90	1:58.00
5 Greeley West 'A'	1:54.90	1:58.53
6 Mountain Range 'A'	1:55.20	1:58.74
-- Chaparral 'A'	1:56.00	DQ

Girls 800 Sprint Medley

School	Seed	Finals
1 Sierra 'A'	1:50.70	1:52.85
2 Fort Collins 'A'	1:52.50	1:54.18
3 Cherry Creek 'A'	1:52.00	1:54.38
4 Highlands Ranch 'A'	1:54.50	1:55.03
5 Cherokee Trail 'A'	1:54.30	1:57.65
6 George Washington 'A'	1:50.10	1:57.66
7 Mullen 'A'	1:51.00	2:01.37

Girls 800 Sprint Medley

School	Seed	Finals
1 Conifer 'A'	2:02.30	1:57.26
2 Monarch 'A'	2:00.30	1:57.34
3 Smoky Hill 'A'	1:58.50	2:00.22
4 Evergreen 'A'	1:57.20	2:02.38
5 Platte Canyon 'A'	1:58.50	2:03.31
6 Castle View 'A'	1:58.00	2:03.36
7 Heritage 'A'	1:58.00	2:04.02
8 Pomona 'A'	1:59.00	2:05.67

Girls 800 Sprint Medley

School	Seed	Finals
1 Sterling 'A'		1:58.06
2 Mitchell 'A'	1:56.00	1:59.77
3 Montbello 'A'	1:56.40	2:00.11
4 Grand Junction 'A'	1:56.00	2:00.28
5 Hinkley 'A'	1:57.00	2:01.38
6 Pine Creek 'A'	1:56.00	2:04.60

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****Girls High Jump**

Name	Year	School	Seed	Finals
1 Medina, Amy	JR	Mountain View	5-03.00	5-05.00
2 Kunz, Annie	SO	Wheat Ridge	5-03.25	5-04.00
3 Jones, Sabrina	JR	Aurora Central	5-02.00	5-02.00
4 Follett, Paige	JR	Chaparral	5-00.00	5-01.00
5 Sewell, Chaundra	SR	Broomfield	5-01.00	5-00.00
6 Zarback, Mariah	FR	Sierra	5-00.00	4-10.00
7 Hart, Jamie	JR	Standley Lake	5-00.00	J4-10.00
8 Chaffin, Amanda	FR	Central-Grand Jct.	5-00.00	J4-10.00
9 Iseman, katie	SR	Mullen	5-00.00	4-08.00
9 Warren, Taylor	JR	Evergreen	5-03.00	4-08.00
9 Florschuetz, Jordan	SO	Evergreen	5-03.00	4-08.00
9 Gauk, Erin	SR	Pine Creek	5-01.00	4-08.00
13 Davis, Vail	JR	Dakota Ridge	5-00.00	4-06.00
14 Hulet, Nicole	FR	Monarch	5-00.00	4.00
-- Thornton, Gelisa	JR	Mitchell	5-00.00	NH
-- Haase, Kelly	SR	Platte Canyon	5-05.00	NH

Girls Pole Vault

Name	Year	School	Seed	Finals
1 Westfall, Libby	JR	Pine Creek	10-05.00	10-06.00
2 Krause, Erin	SR	Akron	10-00.00	9-06.00
3 Fambrough, Cassie	SR	Smoky Hill	10-00.00	9-00.00
4 Sowards, Heather	JR	Alamosa	9-00.00	8-06.00
5 Nickel, Carrie	SO	Heritage	9-05.00	J8-06.00
5 hartman, Larissa	SR	Denver South	10-00.00	J8-06.00
7 Blodgett, Kristen	SR	Cherry Creek	8-05.00	8-00.00
8 Slanger, Chrissy	SR	Durango	8-05.00	J8-00.00
9 Ibrahim, Jioia	JR	Castle View	9-00.00	J8-00.00
10 Jankowski, Lindsay	SO	Durango	7-05.00	7-00.00
10 Moline, Lindsay	SO	Smoky Hill	9-00.00	7-00.00
10 Sam, Ince	JR	Cherry Creek	8-05.00	7-00.00
10 Asmus, Alicia	JR	Standley Lake	9-05.00	7-00.00
10 Bregman, Kendal	DO	D'Evelyn	8-00.00	7-00.00
-- Seifet, Sydney	JR	Platte Canyon	9-00.00	NH
-- Hoal, Lauren	SR	Sterling	10-00.00	NH
-- Arebalo, Whitney	SR	Standley Lake	9-00.00	NH
-- Marquez, Kendra	SR	Alamosa	10-05.00	NH
-- Hildebrandt, Ava	JR	Pine Creek	9-05.00	NH
-- Grunski, Lacie	SR	Conifer	9-00.00	NH
-- Martinez, Jordan	SO	Mullen	8-00.00	NH

Girls Long Jump

Name	Year	School	Seed	Finals	Wind
1 Ankoviak, Kelsey	JR	Wheat Ridge	16-02.00	16-04.00	0.3
2 Humphrey, Kaliegh	JR	Monarch	15-08.00	15-10.75	0.3
3 Slanger, Chrissy	SR	Durango	16-04.00	15-08.00	0.4
4 Smith, Brittany	JR	Sierra	16-01.00	15-05.00	0.2
5 Gardner, Tess	SR	Mountain Range	15-06.00	15-04.75	0.2

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****....Girls Long Jump**

6 Marquez, Kendra	SR	Alamosa	16-01.00	15-04.00	0.3
6 Opgenorth, Rachel	JR	Cherry Creek	16-00.00	15-04.00	0.3
8 Helf, Katie	SR	Evergreen	16-00.00	15-03.00	0.3
9 Barney, Niki	SO	D'Evelyn	15-07.00	15-01.50	0.4
10 Pirzadeh, Catherine	SR	Heritage	16-01.00	15-01.00	0.2
11 Richmond, Rebecca	FR	Monarch	15-06.00	14-10.75	0.2
12 Whipkey, Elise	SR	Silver Creek	16-06.25	14-04.00	0.2
13 Sewell, Chaundra	SR	Broomfield	15-05.00	14-00.00	0.3
14 Lott, Kinsey	SR	Standley Lake	15-08.00	13-03.50	0.3

Girls Long Jump

Name	Year	School	Seed	Finals	Wind
1 Blok, Emily	SR	Conifer	17-06.50	18-00.00	+0.0
2 Urbanoski, Erin	SR	Moffat County	17-07.00	17-11.00	-0.5
3 Kunz, Annie	SO	Wheat Ridge	17-05.00	17-05.00	-0.8
4 Lewis, Brittney	SO	Overland	18-00.00	17-01.50	+0.0
5 Yu, Pam	FR	Highlands Ranch	16-04.00	16-02.00	-0.4
6 Fitts, Tasha	JR	Durango	16-04.00	15-10.00	-0.5
6 Barker, Julia	SR	Cherry Creek	16-05.00	15-10.00	-0.4
8 Hughes, Brandis	JR	Chaparral	16-05.00	15-07.00	+0.0
9 Slouka, Andrea	JR	Heritage	17-05.75	15-06.00	+0.0
10 Davis, Vail	JR	Dakota Ridge	16-08.00	15-04.50	+0.0
11 Richards, Sydney	SO	Mullen	16-05.00	15-00.50	+0.0
12 Whalen, Laura	SO	Littleton	16-08.00	14-11.00	-0.3
13 Allen, Shelby	JR	Smoky Hill	16-08.00	14-09.50	-0.6
14 Reed, Takara	SO	George Washington	17-01.00	14-03.50	+0.0

Girls Triple Jump

Name	Year	School	Seed	Finals	Wind
1 Comstock, Mackenzie	FR	Green Mountain	35-05.00	36-10.00	2.6
2 Barker, Julia	SR	Cherry Creek	36-01.00	35-10.00	5.2
3 Medina, Amy	JR	Mountain View	36-00.75	35-07.00	4.1
4 Yu, Pam	FR	Highlands Ranch	34-01.00	35-06.00	7.4
5 Follett, Paige	JR	Chaparral	35-08.00	35-04.50	2.2
6 Stumbaugh, Erin	SR	Mountain View	34-02.50	34-08.50	3.8
7 Gearhart, Chloe	SO	Wheat Ridge	34-08.00	34-04.00	4.8
8 Reiffenberger, Chelsea	SR	Columbine		34-00.00	6.3
9 Reichlin, Caitlyn	JR	Columbine	34-03.00	32-08.00	3.9
9 Walton, Anya	SR	Pine Creek	34-00.25	32-08.00	0.1
11 Whalen, Laura	SO	Littleton	35-06.00	32-04.00	5.8

Girls Triple Jump

Name	Year	School	Seed	Finals	Wind
1 Richards, Sydney	SO	Mullen	34-00.00	36-03.50	4.0
2 Spalinger, Kaila	SO	D'Evelyn	33-08.00	34-00.00	3.1
3 Johnson, Kayla	JR	Dakota Ridge	33-05.00	33-07.50	5.1
4 Chappell, Jordan	JR	Fort Morgan	34-00.00	33-06.50	3.8
5 Franklin, Kirsten	FR	Greeley West		33-01.50	3.0

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Results****....Girls Triple Jump**

6	Evans, Briana	SO Smoky Hill	33-00.00	32-05.00	4.5
7	Whipkey, Elise	SR Silver Creek	33-06.25	32-02.00	4.3
8	Florschuetz, Jordan	SO Evergreen	33-01.00	32-00.00	2.1
9	Gardner, Tess	SR Mountain Range	33-00.00	31-09.50	3.6
10	Brandhorst, Jaime	FR Dakota Ridge	32-06.00	31-07.00	2.4
11	Jones, Breona	SO Gateway	33-09.00	31-06.00	4.6
12	Valentine, Rianna	SO Pine Creek	33-05.00	31-03.50	2.3
13	Allen, Shelby	JR Smoky Hill	34-00.00	30-07.50	3.8
14	Palladino, Jessye	SR Cherry Creek	32-04.00	29-05.50	3.4

Girls Shot Put

Name	Year	School	Seed	Finals
1	Parada, Ashley	SO Fariview	33-02.75	34-06.50
2	Offen, Amanda	JR Montbello	33-01.50	32-08.00
3	Togi, Losi	SO Sierra	33-02.50	32-07.00
4	Pomaski, Jamie	JR Central-Grand Jct.	33-00.00	32-03.00
5	Avila, Anna	SR Mountain View	33-05.00	31-02.00
6	Greenwood, Makenzi	SO Akron	33-04.00	31-01.00
7	Tucker, Cassandra	SR Montbello	32-06.50	30-09.00
8	Holmes, Kacee	JR Fort Morgan	31-06.00	30-05.00
9	Summers, Ali	JR Conifer	30-04.00	30-02.00
10	Pacheco, Golyn	SO Platte Canyon	32-02.00	29-00.50
11	McClellan, Sara	SR Standley Lake	30-01.00	28-05.00
11	Barr, Whitney	SO Evergreen	32-00.00	28-05.00
--	Christian, Kayla	JR Greeley West	31-05.00	FOUL

Girls Shot Put

Name	Year	School	Seed	Finals
1	Kruger, Katie	SR Alamosa	43-05.00	44-05.00
2	Cooks, Alexis	SR Doherty	34-09.00	40-01.00
3	Hunsuker, Emily	SR Pomona	38-08.00	39-04.00
4	Costin, Julia	JR Chaparral	35-08.00	35-06.00
5	McCarthy, Beth	SO Pine Creek	34-05.00	34-11.00
6	Mlodzik, Alyssa	SR Harrison	34-06.00	34-06.00
7	Robertson, Elizabeth	JR Sierra	34-05.75	33-10.00
8	Stark, Emily	SR Highlands Ranch	36-00.75	33-09.00
9	Bank, Kajsa	SR Monarch	34-00.00	33-05.00
10	Haris, Martika	FR Hinkley	34-00.00	32-01.00
10	Krattenmaker, Caitlin	JR Pomona	34-06.00	32-01.00
12	Hess, Kirsten	JR Mullen	34-00.00	29-11.50
13	Martinez, Vanessas	JR Wheat Ridge	35-00.00	28-09.00

Girls Discus Throw

Name	Year	School	Seed	Finals
1	Moimoi, Tina	FR Sierra	98-06	102-01
2	Miller, Nicole	JR Fort Morgan	95-05	98-11
3	Offen, Amanda	JR Montbello	100-05	96-01
4	Frang, Joanne	SR Mountain View	98-02.50	93-04

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5	Bank, Kajsa	SR	Monarch	100-05	89-09
6	Tucker, Cassandra	SR	Montbello	90-05	89-00.50
7	Schaeffer, Sarah	SR	Cherry Creek	91-00	88-10.50
8	Martinez, Vanessas	JR	Wheat Ridge	95-05	86-00.50
9	McClellan, Sara	SR	Standley Lake	95-05	82-02.50
10	Brickley, Caitlyn	SR	Standley Lake	90-00.75	76-00
11	Supinski, Elizabeth	JR	Wheat Ridge	88-07.50	62-06
12	Hess, Kirsten	JR	Mullen	95-00	62-03
13	Haris, Martika	FR	Hinkley	90-00	30-04

Girls Discus Throw

Name	Year	School	Seed	Finals	
1	Kruger, Katie	SR	Alamosa	124-05	133-07
2	Hunsuker, Emily	SR	Pomona	35-08.25	117-06
3	Avila, Anna	SR	Mountain View	119-00	115-05
4	Costin, Julia	JR	Chaparral	116-00	112-10
5	Pomaski, Jamie	JR	Central-Grand Jct.	110-00	111-07
6	Mlodzik, Alyssa	SR	Harrison	108-09	110-11
7	Sewell, Chaundra	SR	Broomfield	10-00.25	110-09
8	Cooks, Alexis	SR	Doherty	13-00.25	109-10
9	Brandon, Lindsay	JR	D'Evelyn	105-05	93-10
10	Stark, Emily	SR	Highlands Ranch	113-00	92-05.50
11	Christian, Kayla	JR	Greeley West	107-05	88-07
12	McCarthy, Beth	SO	Pine Creek	104-04	88-02
13	Krattenmaker, Caitlin	JR	Pomona	105-00	84-00.50
14	Saunders, Ella	SO	Akron	102-05	83-04
15	Greenwood, Makenzi	SO	Akron	110-05	80-04

Boys 100 Meter Dash

Name	Year	School	Seed	Finals	Wind	
1	Ford, Josh	SR	Mullen	11.20	11.95	-7.6
2	Miles, Cyler	FR	Mullen	11.20	11.97	-7.6
3	McDondle, Demetrius	JR	Columbine	11.10	11.98	-7.6
4	Nwoke, Chris	SR	Thunderridge	11.20	12.15	-7.6
5	Freeman, justin	SR	Gateway	11.20	12.16	-7.6
6	Melillo, AJ	SR	Platte Canyon	11.10	12.21	-7.6
7	Kisselman, Seth	JR	Heritage	11.00	12.50	-7.6
8	Robbinson, Devante	JR	Overland	11.10	12.57	-7.6

Boys 100 Meter Dash

Name	Year	School	Seed	Finals	Wind	
1	Chambers, Kenneth	JR	Doherty	10.80	11.25	-9.8
2	Edwards, Jordan	SR	Heritage	10.60	11.41	-9.8
3	Greer, John	FR	Mullen	11.00	11.92	-9.8
4	Taxman, JP	SR	Cheyenne Mountain		12.17	-9.8
5	Reimer, Blake	JR	Fort Collins	10.90	12.28	-9.8
6	Cade, Savon	SR	Montbello	11.00	12.60	-9.8

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Mullen High School
Results****Boys 100 Meter Dash**

Name	Year	School	Seed	Finals	Wind
1 Ireland, Trent	SO	Broomfield	11.30	11.83	-7.0
2 Wright, Brett	FR	Silver Creek	11.30	11.86	-7.0
3 Jackson, Blaine	SR	Central-Grand Jct.	11.30	12.04	-7.0
4 Townsend, Isaiah	SO	Hinkley	11.30	12.07	-7.0
5 Evans, Zane	JR	Castle View	11.30	12.10	-7.0
6 Thorne, John	SR	Dakota Ridge	11.30	12.17	-7.0
7 Gouin, Blake	JR	Boulder	11.30	12.51	-7.0

Boys 100 Meter Dash

Name	Year	School	Seed	Finals	Wind
1 Baily-Mews, Kyle	JR	Wheat Ridge	11.30	12.48	-8.4
2 Brito, Cristian	JR	Boulder	11.40	12.56	-8.4
3 Agbenyo, Emmanuel	SO	Montbello	11.40	12.73	-8.4
4 Kemmer, Andy	FR	Thompson Valley	11.30	12.74	-8.4
5 Tanglos, Tim	SR	Fort Collins	11.40	12.76	-8.4
6 McGee, Arthurean	SR	Castle View	11.40	13.24	-8.4

Boys 100 Meter Dash

Name	Year	School	Seed	Finals	Wind
1 Barnes, Gus	JR	Durango	11.30	11.65	-4.3
2 Warner, Kenny	FR	Silver Creek	11.20	11.78	-4.3
3 Evans, Conrad	SR	Rampart	11.20	11.79	-4.3
4 Han, Young	SR	Doherty	11.20	11.81	-4.3
5 Frank, Adam	FR	Golden	11.30	11.83	-4.3
6 Shrum, Stuart	JR	Grand Junction	11.20	11.88	-4.3
7 Meyer, Ben	FR	Fariview	11.20	11.89	-4.3
8 Carter, Andre	SO	Smoky Hill	11.30	11.97	-4.3

Boys 200 Meter Dash

Name	Year	School	Seed	Finals	Wind
1 Chance, Josh	JR	Pine Creek	23.00	23.57	-6.8
2 Hirt, Evan	SR	Silver Creek	22.90	23.82	-6.8
3 Jackson, Blaine	SR	Central-Grand Jct.	22.90	23.99	-6.8
4 McDondle, Demetrius	JR	Columbine	22.80	24.02	-6.8
5 Kemmer, Andy	FR	Thompson Valley	22.90	24.55	-6.8

Boys 200 Meter Dash

Name	Year	School	Seed	Finals	Wind
1 Hulbert, Kenneth	JR	Thunderidge	22.30	23.70	-6.8
2 Contini, Eric	SR	Monarch	22.70	23.84	-6.8
3 Wright, Jonathon	FR	Grand Junction	22.80	24.22	-6.8
4 Hazel, Cori	SO	Cherry Creek	22.80	24.52	-6.8
5 Reynolds, Jrerell	FR	Overland	22.40	24.62	-6.8

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Results****Boys 200 Meter Dash**

Name	Year	School	Seed	Finals	Wind
1 Mason, Eddison	JR	Sierra	23.10	23.75	-8.1
2 Ireland, Trent	SO	Broomfield	23.10	23.79	-8.1
3 Han, Young	SR	Doherty	23.00	24.40	-8.1
4 Meyer, Ben	FR	Fariview	23.20	24.57	-8.1
5 White, Cameron	SR	Gateway	23.20	24.91	-8.1
6 Townsend, Isaiah	SO	Hinkley	23.20	25.10	-8.1
7 Dunn, Jesse	FR	Pomona	23.20	25.17	-8.1

Boys 200 Meter Dash

Name	Year	School	Seed	Finals	Wind
1 Chambers, Kenneth	JR	Doherty	21.80	22.67	-8.6
2 Edwards, Jordan	SR	Heritage	21.60	23.06	-8.6
3 Miles, Cyler	FR	Mullen	22.20	24.06	-8.6
4 Wright, Brett	FR	Silver Creek	22.30	24.11	-8.6
5 Seals, Mike	SR	Smoky Hill	22.20	24.29	-8.6
6 Greer, John	FR	Mullen	22.00	24.36	-8.6
7 Graziano, Chris	SR	Thunderridge	22.30	24.37	-8.6
8 Bransford, Jai	JR	Smoky Hill	22.10	26.38	-8.6

Boys 400 Meter Dash

Name	Year	School	Seed	Finals
1 Hardy, Scott	FR	Silver Creek	50.90	50.85
2 Smith, Travis	SR	Broomfield	51.10	51.28
3 Bachinski, Michael	SR	Monarch	51.00	52.07
4 Brost, Tyler	SO	Chaparral	51.00	52.12
5 Tann, Nate	SR	Smoky Hill	51.00	52.29
6 TJ, Dennis	SO	Pine Creek	51.20	52.38
7 Faulkner, Jared	SR	Thunderridge	51.00	52.66

Boys 400 Meter Dash

Name	Year	School	Seed	Finals
1 Maestas, Shaun	JR	Mountain Range	50.40	50.21
2 Marsette, Tyler	JR	Mountain Range	50.40	50.33
3 Hulbert, Kenneth	JR	Thunderridge	50.60	50.54
4 Mason, Eddison	JR	Sierra	50.60	51.37
5 Pickett, Kiel	JR	Cherry Creek	50.50	51.60
6 Anderson, David	JR	Gateway	50.90	52.54

Boys 400 Meter Dash

Name	Year	School	Seed	Finals
1 Mohn, Devin	SR	Rampart	49.50	49.17
2 Curtis, Nolen	SR	Central-Grand Jct.	49.70	49.37
3 Reimer, Blake	JR	Fort Collins	49.10	49.82
4 Chance, Josh	JR	Pine Creek	50.20	50.35

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Results****....Boys 400 Meter Dash**

5	Wingo, John	SR Harrison	49.70	50.51
6	Hoffman, Thomas	SR Platte Canyon	50.20	50.64
7	Donaldson, Ian	SR Broomfield	49.20	50.77
8	Quartatone, Rex	SO Boulder	50.10	51.04

Boys 400 Meter Dash

Name	Year	School	Seed	Finals
1	McGee, Arthurean	SR Castle View	51.60	50.67
2	Maheo, Nolan	Cheyenne Mountain		51.13
3	Hirt, Evan	SR Silver Creek	51.30	51.76
4	Miller, Travor	SR Classical Academy	51.60	51.91
5	Trott, Dean	SO Sierra	51.60	52.61
6	Shifrin, Wes	SR Boulder	51.20	52.99
7	Brown, Drake	SR Evergreen	51.60	54.19

Boys 800 Meter Run

Name	Year	School	Seed	Finals
1	Cross, Ian	SR Durango	2:02.50	2:04.36
2	Troyano, Jeff	JR Evergreen	2:03.00	2:05.69
3	Blaubaum, Alek	JR Mullen	2:03.00	2:06.61
4	Fox, Jake	SO Cheyenne Mountain	2:04.00	2:08.15
5	King, Brian	SR Cherry Creek	2:03.00	2:08.32
6	Zitzmann, Matt	FR Heritage	2:04.80	2:08.52
7	Welbourn, Matt	SR Durango	2:03.90	2:08.65
8	Smith, Poston	SO Cheyenne Mountain	2:04.00	2:09.00
9	Mott, Russell	JR Columbine	2:04.00	2:09.57
10	Kilcullen, Cam	JR Highlands Ranch	2:03.00	2:10.05
11	Tam, Ryder	JR Boulder	2:03.40	2:10.26
12	McKenna, Tom	FR Thompson Valley	2:04.40	2:10.38
13	Nicsic, Shane	JR Conifer	2:02.60	2:10.92
14	Crum, Jordan	JR Heritage	2:05.00	2:11.38
15	Trujillo, Emilio	JR Sierra	2:04.20	2:15.92
16	Vigil, Andreas	JR Columbine	2:05.00	2:18.86

Boys 800 Meter Run

Name	Year	School	Seed	Finals
1	Berberick, Andrew	SR Mullen	1:53.00	2:00.30
2	Padula, Nick	SR Monarch	1:57.90	2:02.60
3	Cowhick, Henry	SR Wheat Ridge	1:54.20	2:02.68
4	Balsiger, Alex	SR Chaparral	1:55.00	2:03.67
5	Eidt, Derek	SR Chaparral	1:56.00	2:03.92
6	Kahn, dain	SR Fariview	1:58.20	2:04.17
7	katz, Hondo	JR Mullen	1:59.00	2:04.78
8	Hutchison, Sam	SR Unversity	1:58.30	2:05.07
9	Maestas, Darian	SR Mountain Range	1:58.90	2:05.76
10	Lane, Kenney	SR Overland	1:58.00	2:05.81
11	Ali, Mifta	JR Denver South		2:07.27
12	Tarket, Chris	SR Standley Lake	1:59.50	2:12.35

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Results****....Boys 800 Meter Run**

13 Nappier, Ben	SR Smoky Hill	1:59.10	2:15.54
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Boys 800 Meter Run

Name	Year	School	Seed	Finals
1 Williams, Erik	SR	Doherty	2:00.30	2:03.96
2 Logan, Sergio	SR	Doherty	2:00.60	2:05.22
3 Gregiorio, Jared	SR	Denver South		2:06.31
4 Farquhar, Johnnie	FR	Rampart	2:01.50	2:07.28
5 Turner, Sean	JR	Fort Morgan	2:00.00	2:07.75
6 VanSickle, Mike	FR	Wheat Ridge	2:02.00	2:08.88
7 Sanchez, Josh	SR	Grand Junction	2:02.00	2:09.94
8 Edwards, William	JR	Harrison	2:01.00	2:10.43
9 Feldotto, Sam	SR	Classical Academy	2:01.20	2:10.64
10 Nissen, Daniel	SR	Standley Lake	2:01.50	2:11.95
11 Burbank, Jason		Denver South		2:12.32
12 Jarvis, Brennan	SR	Rampart	1:59.60	2:12.72

Boys 1600 Meter Run

Name	Year	School	Seed	Finals
1 Leach, Cody	JR	Greeley West	4:42.00	4:32.69
2 Friedland, Aaron	SR	Castle View	4:40.00	4:32.73
3 Commons, Lewis	JR	Fariview	4:36.00	4:33.83
4 Nelson, Tyler	FR	Highlands Ranch	4:37.00	4:34.46
5 Feldotto, Sam	SR	Classical Academy	4:36.70	4:34.66
6 Kadlec, Nick	SO	Silver Creek	4:43.80	4:37.63
7 Gregiorio, Jared	SR	Denver South	4:38.00	4:40.42
8 Bartosch, Andy	SR	Thunderidge	4:38.00	4:43.63
9 Carney, Danny	FR	Dakota Ridge	4:40.00	4:43.98
10 Casias, Zac	SR	Cheyenne Mountain	4:40.00	4:44.23
11 Taylor, Nick	FR	Columbine	4:43.00	4:45.06
12 Brown, Tyler	SR	Boulder	4:38.40	4:46.46
13 Erickson, Quinn	JR	Smoky Hill	4:38.70	4:46.82
14 Smith, Grant	JR	Cheyenne Mountain	4:41.00	4:47.58
14 Delphia, Cameron	JR	Heritage	4:43.50	4:47.58

Boys 1600 Meter Run

Name	Year	School	Seed	Finals
1 Berberick, Andrew	SR	Mullen	4:20.00	4:16.80
2 Cowhick, Henry	SR	Wheat Ridge	4:17.00	4:17.24
3 Sinda, Adam	JR	Pomona	4:34.00	4:26.00
4 Schwaderer, Dart	SR	Wheat Ridge	4:24.00	4:26.01
5 Balsiger, Alex	SR	Chaparral	4:30.00	4:27.25
6 Eidt, Derek	SR	Chaparral	4:29.00	4:28.46
7 Laws, Ray	SR	Fort Morgan	4:28.00	4:29.05
8 Turner, Sean	JR	Fort Morgan	4:19.00	4:29.64
9 Kleiner, Kraig	FR	Overland	4:30.00	4:29.77
10 Beal, Sean	FR	Thompson Valley	4:34.00	4:30.88
11 Owen, Tommy	SR	Alamosa	4:28.60	4:31.08

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Results****....Boys 1600 Meter Run**

12	Guiles, Ashi	JR Boulder	4:34.00	4:32.66
13	Cambell, Cliff	Fort Collins	4:28.00	4:34.96
14	Jarvis, Brennan	SR Rampart	4:32.60	4:49.06

Boys 1600 Meter Run

Name	Year	School	Seed	Finals
1 Brady, Doug	JR	Cherry Creek	4:45.50	4:45.86
2 Mohrbacher, Jimmy	JR	Dakota Ridge	4:48.00	4:47.45
3 McCarthy, John	JR	Monarch	4:48.10	4:48.04
4 Marchand, Joe	JR	Monarch	4:47.80	4:48.19
5 Trujillo, Emilio	JR	Sierra	4:51.30	4:49.71
6 Lee, Garrett	SO	Heritage		4:51.29
7 Duran, Anthony	JR	Rampart	4:45.70	4:52.20
8 Kassey, Brian	FR	Evergreen	4:47.00	4:52.83
9 Brown, Rogan	JR	Durango	4:45.70	4:53.11
10 Quick, Tyler	SR	Standley Lake	4:49.50	4:54.18
11 Otteson, Ty	SR	Durango	4:49.80	4:56.23
12 Mendoza, Alfonso	SO	Montbello	4:45.00	5:08.64
13 Petzel, Josh	SR	Evergreen	4:50.00	5:09.11

Boys 3200 Meter Run

Name	Year	School	Seed	Finals
1 Appel, Evan	SR	Dakota Ridge	9:15.00	9:35.40
2 Schwaderer, Dart	SR	Wheat Ridge	9:30.00	9:37.79
3 Roberts, Andrew	SR	Lyons	9:36.30	9:42.47
4 Haebe, Ryan	SR	Evergreen	9:49.00	10:01.43
5 Fauble, Scott	JR	Wheat Ridge	9:44.00	10:04.98
6 Friedland, Aaron	SR	Castle View	9:55.00	10:10.08
7 Caldwell, Matt	JR	Smoky Hill	9:40.00	10:11.68
8 Sinda, Adam	JR	Pomona	10:10.00	10:12.94
9 Wilson, Garret	SR	Highlands Ranch	9:46.00	10:14.71
10 Muller, Tim	SR	D'Evelyn	10:10.60	10:17.40
11 Ames, Kyle	FR	Smoky Hill	10:05.00	10:19.24
12 Appel, Austin	FR	Dakota Ridge	10:06.00	10:23.75
13 Kadlec, Nick	SO	Silver Creek	10:20.40	10:23.86
14 Coats, John	JR	Fariview	10:15.60	10:28.53
15 Getbetcha, Melake	SR	Columbine	10:21.00	10:29.58
16 Varjo, Keegan	SO	Chaparral	10:15.00	10:32.49
17 Lake, Josh	JR	Chaparral	10:13.00	10:34.13
18 Cohen, Jaq		Heritage		10:35.64
19 Johnson, Kevin	JR	D'Evelyn	10:15.70	10:35.80
20 Lee, Garrett	SO	Heritage	10:22.00	10:36.14
21 Jerome, David	SR	Central-Grand Jct.	10:20.10	10:36.99
22 McIntire, Simon	SR	Rampart	10:13.40	10:44.02
23 McCarthy, John	JR	Monarch		10:46.24
24 Palmer, Chad	SO	Alamosa	10:16.00	10:48.69
25 Bartosch, Andy	SR	Thunderridge	10:10.00	10:55.07
26 May, Nate	JR	Mountain Range	10:19.80	11:02.33
27 Hamilton, Jack	SO	Evergreen	10:12.00	11:05.89
28 O'Donnel, Shane	SO	Pine Creek	10:15.00	11:12.57

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Results****....Boys 3200 Meter Run**

29 Vasquez, Jesus	SR Sheridan	10:50.00	11:17.84
30 Gonzales, Jose	JR Overland	10:06.00	11:33.45
31 Chabada, Dom	JR Boulder	9:57.60	11:51.53

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	Wind
1 Guardado, John	JR Broomfield	16.10	16.34	1.3
2 Sipes, Nick	JR Mountain View	16.10	16.57	1.3
3 Burroughs, Jeremiah	SR Unversity	16.10	16.58	1.3
4 Freeman, Matt	JR Heritage	16.20	16.60	1.3
5 Machmuller, Mitch	SR Silver Creek	16.20	16.94	1.3
6 Malley, Trevor	SR Pine Creek	16.00	17.26	1.3
7 Shultz, Andrew	JR Heritage	16.20	18.23	1.3

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	Wind
1 Nebelsick-Gullett, Jake	SR Castle View	15.60	15.38	1.7
2 Paicurich, Todd	SR Standley Lake	15.40	15.41	1.7
3 Hinckfoot, Ben	JR Classical Academy	15.80	15.69	1.7
4 Merrill, Logan	SO Akron	15.60	16.70	1.7
5 Shannon, Kyle	SR Wheat Ridge	15.70	17.03	1.7

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	Wind
1 Cook, Jamil	SR Sierra	16.80	15.86	1.5
2 Davison, Scott	JR Central-Grand Jct.	17.00	16.78	1.5
3 Deignan, Keegan	JR Green Mountian	17.20	17.45	1.5
4 Reinhard, Ian	JR Mitchell	17.30	17.84	1.5
5 Batt, Travis	JR Chaparral	17.20	17.91	1.5
6 loch, randall	SO Alamosa	16.70	18.35	1.5
7 Eisinger, Peter	FR Wheat Ridge	17.40	18.41	1.5
8 Wickham, Arti	SR Conifer	17.60	18.70	1.5

Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	Wind
1 Shoemaker, Joe	SR Unversity	16.50	16.34	-1.2
2 Dille, Jack	SR D'Evelyn	16.60	16.65	-1.2
3 Sares, Ethan	SR Cherry Creek	16.30	16.70	-1.2
4 Nielsen, Griffin	SO Silver Creek	16.60	16.92	-1.2
5 Crumpley, Damon	JR Standley Lake	16.40	17.27	-1.2
6 Davis, JJ	FG Greeley West	16.50	17.45	-1.2
7 Jarvis, Trent	JR Broomfield	16.30	18.13	-1.2

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****Boys 110 Meter Hurdles**

Name	Year	School	Seed	Finals	Wind
1 Deis, Kelby	SR	Sierra	13.90	14.42	1.1
2 Farris, Ervin	SR	Smoky Hill	14.80	15.13	1.1
3 Geutierrez, Herman	SR	Grand Junction	15.00	15.41	1.1
4 Golightly, Grant	SR	Columbine	14.90	15.45	1.1
5 Moore, Devon	SR	Central-Grand Jct.	15.00	15.84	1.1
6 Dressler, Valentino	FR	Denver South	15.30	17.16	1.1

Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals
1 Hinckfoot, Ben	JR	Classical Academy	42.30	41.59
2 Burroughs, Jeremiah	SR	Unversity	41.70	42.54
3 Nebelsick-Gullett, Jake	SR	Castle View	42.20	42.84
4 Crumpley, Damon	JR	Standley Lake	41.70	43.32
5 Clopton, Derrick	SR	Cherry Creek	42.30	43.36
6 Merrill, Logan	SO	Akron	41.40	43.75
7 Malley, Trevor	SR	Pine Creek	42.10	45.17

Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals
1 Sterling, Chris	SO	Sierra	42.30	42.02
2 Dohegan, Garrett		Cheyenne Mountain		42.92
3 Petty, Brian	JR	Chaparral	43.00	43.02
4 Sares, Ethan	SR	Cherry Creek	42.50	43.64
5 Jarvis, Trent	JR	Broomfield	42.40	43.78
6 Dille, Jack	SR	D'Evelyn	42.80	44.16
7 Shoemaker, Joe	SR	Unversity	43.00	45.29
8 Scott, Kyle	JR	Sheridan		47.28

Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals
1 Deis, Kelby	SR	Sierra	37.60	39.36
2 Geutierrez, Herman	SR	Grand Junction	39.10	40.79
3 Warner, Kenny	FR	Silver Creek	39.90	40.80
4 Bannister, Tim	SR	Pine Creek	39.20	40.99
5 Farris, Ervin	SR	Smoky Hill	40.00	42.07
6 Shannon, Kyle	SR	Wheat Ridge	41.20	43.90

Boys 300 Meter Hurdles

Name	Year	School	Seed	Finals
1 Freeman, Matt	JR	Heritage	43.70	43.78
2 Deignan, Keegan	JR	Green Mountian	44.40	44.02
3 Crumley, Michael	JR	Standley Lake	44.50	44.13
4 Dressler, Valentino	FR	Denver South	44.60	44.20
5 Guardado, John	JR	Broomfield	43.30	44.24

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....Boys 300 Meter Hurdles

6	loch, randall	SO Alamosa	44.00	45.84
7	McQueary, Josh	JR George Washington	44.00	46.73
8	Batt, Travis	JR Chaparral	43.00	49.96

Boys 4x100 Meter Relay

School	Seed	Finals
1 Castle View 'A'	45.60	45.70
2 Hinkley 'A'	45.10	46.40
3 Centaurus 'A'	45.00	46.60
4 Wheat Ridge 'A'	47.40	47.44
5 D'Evelyn 'A'	45.60	47.78
6 Platte Canyon 'A'	46.20	48.42
-- Mitchell 'A'	45.80	DNF

Boys 4x100 Meter Relay

School	Seed	Finals
1 Mullen 'A'	43.00	43.62
2 Cheyenne Mountain 'A'	44.10	43.87
3 Central-Grand Jct. 'A'	43.70	44.32
4 Harrison 'A'	43.50	44.40
5 Columbine 'A'	43.80	45.00
-- Sierra 'A'	43.80	DNF

Boys 4x100 Meter Relay

School	Seed	Finals
1 Heritage 'A'	43.40	42.95
2 Doherty 'A'	43.00	43.09
3 Rampart 'A'	42.50	43.37
4 Thunderidge 'A'	43.10	44.03
5 Smoky Hill 'A'	43.00	44.89
6 Montbello 'A'	43.10	46.22
-- Silver Creek 'A'	43.30	DNF

Boys 4x100 Meter Relay

School	Seed	Finals
1 Broomfield 'A'	44.30	44.04
2 Gateway 'A'	44.10	44.31
3 Monarch 'A'	44.20	44.56
4 Mountain View 'A'	44.40	44.79
5 Boulder 'A'	44.40	45.35
6 George Washington 'A'	44.50	45.62
7 Highlands Ranch 'A'	44.20	46.14

Runner Roost Invite 2009 - 4/11/2009**Mullen Meet
Mullen High School
Results****Boys 4x100 Meter Relay**

School	Seed	Finals
1 Pomona 'A'	45.00	45.80
2 Golden 'A'	44.50	46.02
3 Evergreen 'A'	45.10	46.72
4 Denver South 'A'	44.50	46.82
-- Cherry Creek 'A'	44.80	DNF

Boys 4x200 Meter Relay

School	Seed	Finals
1 Boulder 'A'	1:34.80	1:34.44
2 Central-Grand Jct. 'A'	1:35.00	1:34.59
3 Golden 'A'	1:34.50	1:35.78
4 Castle View 'A'	1:36.00	1:36.25
5 Mitchell 'A'	1:35.00	1:37.83
-- Hinkley 'A'	1:35.00	DNF
-- Dakota Ridge 'A'	1:35.00	DNF
-- Heritage 'A'	1:34.60	DNF

Boys 4x200 Meter Relay

School	Seed	Finals
1 Cheyenne Mountain 'A'		1:34.67
2 Montbello 'A'	1:44.60	1:35.14
3 Platte Canyon 'A'	1:36.60	1:36.34
4 Centaurus 'A'	1:43.00	1:37.55
5 Wheat Ridge 'A'	1:37.00	1:38.01
6 Denver South 'A'	1:41.20	1:39.32
7 D'Evelyn 'A'	1:38.50	1:41.60
8 Conifer 'A'	1:38.10	1:42.58

Boys 4x200 Meter Relay

School	Seed	Finals
1 Durango 'A'	1:32.70	1:32.29
2 Harrison 'A'	1:33.60	1:34.38
3 Mountain Range 'A'	1:33.30	1:34.65
4 Classical Academy 'A'	1:34.40	1:34.79
5 Highlands Ranch 'A'	1:34.00	1:35.55
6 Evergreen 'A'	1:34.00	1:37.04

Boys 4x200 Meter Relay

School	Seed	Finals
1 Rampart 'A'	1:30.80	1:30.76
2 Sierra 'A'	1:30.30	1:31.25
3 Thunderidge 'A'	1:30.50	1:31.54
4 Pine Creek 'A'	1:31.00	1:32.31
5 Smoky Hill 'A'	1:29.50	1:32.61

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....Boys 4x200 Meter Relay

6 Grand Junction 'A'	1:31.50	1:32.62
7 Monarch 'A'	1:30.70	1:32.65

Boys 4x200 Meter Relay

School	Seed	Finals
1 Silver Creek 'A'	1:32.30	1:31.82
2 Broomfield 'A'	1:31.60	1:31.97
3 Columbine 'A'	1:32.00	1:33.47
4 Mountain View 'A'	1:31.90	1:33.80
5 Gateway 'A'	1:32.10	1:34.25
6 Mullen 'A'	1:31.50	1:35.84
7 George Washington 'A'	1:32.00	1:37.63

Boys 4x400 Meter Relay

School	Seed	Finals
1 Heritage 'A'	3:31.50	3:30.07
2 Sierra 'A'	3:31.10	3:30.69
3 Evergreen 'A'	3:30.20	3:31.29
4 Classical Academy 'A'	3:31.30	3:32.34
5 Wheat Ridge 'A'	3:32.00	3:34.57
6 Thompson Valley 'A'	3:32.50	3:37.47
7 Durango 'A'	3:31.60	3:38.61
8 Montbello 'A'	3:30.50	3:40.39

Boys 4x400 Meter Relay

School	Seed	Finals
1 Cheyenne Mountain 'A'		3:39.68
2 Highlands Ranch 'A'	3:37.00	3:41.42
3 D'Evelyn 'A'	3:38.50	3:41.56
4 Conifer 'A'	3:44.20	3:42.22
5 George Washington 'A'	3:45.00	3:48.43
6 Hinkley 'A'	3:40.40	3:49.93

Boys 4x400 Meter Relay

School	Seed	Finals
1 Mountain View 'A'	3:36.50	3:32.86
2 Rampart 'A'	3:34.60	3:38.76
3 Unversity 'A'	3:33.07	3:39.59
4 Mitchell 'A'	3:36.00	3:41.18
5 Green Mountian 'A'	3:40.20	3:45.54

Boys 4x400 Meter Relay

School	Seed	Finals
1 Mountain Range 'A'	3:28.40	3:28.89

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....Boys 4x400 Meter Relay

2 Pine Creek 'A'		3:29.18
3 Monarch 'A'		3:30.72
4 Gateway 'A'	3:29.70	3:31.50
5 Cherry Creek 'A'	3:28.00	3:33.86
6 Smoky Hill 'A'		3:34.55
7 Boulder 'A'		3:37.78
8 Chaparral 'A'		3:40.47

Boys 4x800 Meter Relay

School	Seed	Finals
1 Boulder 'A'	8:27.90	8:19.51
2 Heritage 'A'	8:29.70	8:25.65
3 Mullen 'A'	8:32.00	8:29.23
4 Alamosa 'A'	8:35.90	8:43.54
5 Wheat Ridge 'A'	8:59.00	8:49.24
6 Green Mountian 'A'	9:05.90	8:57.26
7 Harrison 'A'	8:55.20	8:58.67
8 Hinkley 'A'	8:49.60	9:01.52
9 Dakota Ridge 'A'	9:10.00	9:05.06
10 Montbello 'A'	9:01.20	9:28.53
11 Estes Park 'A'	9:15.00	10:20.91

Boys 4x800 Meter Relay

School	Seed	Finals
1 Smoky Hill 'A'	8:08.60	8:11.51
2 Durango 'A'	8:22.70	8:11.95
3 Rampart 'A'	8:13.20	8:13.42
4 Standley Lake 'A'	8:14.40	8:14.69
5 Cheyenne Mountain 'A'	8:20.00	8:20.60
6 Unversity 'A'	8:23.70	8:27.08
7 D'Evelyn 'A'	8:15.60	8:28.16
8 Doherty 'A'	8:23.00	8:28.84
9 Columbine 'A'	8:25.00	8:43.37

Boys High Jump

Name	Year School	Seed	Finals
1 Brown, Aldric	SR Castle View	6-09.00	6-08.00
2 Gamble, John	SR Pomona	6-05.00	6-06.00
3 Day, David	JR Thunderridge	6-03.00	6-04.00
4 Hammond, Joel	SR Silver Creek	6-02.50	6-00.00
5 Brown, Randy	SR Grand Junction	6-01.00	J6-00.00
6 Garden, Brock	SO Silver Creek	6-00.00	J6-00.00
7 Newton, Xavier	SR Sierra	6-03.00	5-10.00
8 Evanson, Trevor	SO Golden	6-01.00	J5-10.00
9 Osborne, Jack	SR Mullen	6-02.00	J5-10.00
10 Brown, Jeff	JR Pomona	6-00.00	J5-10.00
11 Potter, Josh	JR Centaurus	6-00.00	5-08.00
-- Pigford, Alex	SR Cheyenne Mountain	5-10.00	NH

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-- Dressler, Valentino	FR	Denver South	6-00.00	NH
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Boys Pole Vault

Name	Year	School	Seed	Finals
1 Cooper, Chase	SR	Smoky Hill	16-06.00	16-03.00
2 Lopez, Danny	SR	Fariview	13-00.00	13-06.00
3 Paicurich, Todd	SR	Standley Lake	14-00.00	J13-06.00
3 Chris, Ranglos	SR	Fort Collins	13-00.00	J13-06.00
5 Wagner, Carson	JR	Broomfield	14-00.00	13-00.00
6 Christianson, Noah	SR	Pine Creek	13-00.00	J13-00.00
7 Shultz, Andrew	JR	Heritage	13-05.00	J13-00.00
7 Roggy, Connor	JR	Greeley West	13-00.00	J13-00.00
9 Richendifer, Steven	JR	Sterling	12-05.00	12-06.00
10 Walega, Cody	SR	Centaurus	13-03.00	12-00.00
10 Leatherman, Alex	JR	Castle View	12-00.00	12-00.00
10 Farnun, Jake	JR	Platte Canyon	12-02.00	12-00.00
10 Hill, Bryce	SR	Pomona	13-00.00	12-00.00
-- Sanchez, Ramel		Cherry Creek	12-05.00	NH
-- Tanglos, Tim	SR	Fort Collins	12-05.00	NH
-- Kirby, Trevor	FR	Platte Canyon	11-05.00	NH
-- Beski, Elliott	SR	Mullen	15-00.75	NH
-- Rodriguez, Isaac	JR	Fort Morgan	12-05.00	NH
-- Adams, Brendon	SR	Pomona	12-05.00	NH
-- Kemme, Jordan	SR	Unversity	11-05.00	NH
-- Larson, Lucas	SR	Unversity	11-05.00	NH
-- Siler, jake	FR	Heritage	11-05.00	NH

Boys Long Jump

Name	Year	School	Seed	Finals	Wind
1 Deis, Kelby	SR	Sierra	22-04.00	21-10.00	-0.9
2 Marsette, Tyler	JR	Mountain Range	21-09.00	21-01.50	+0.0
3 Colter, Kain	JR	Cherry Creek	20-06.00	19-11.50	0.7
4 Roddey, Stephon	JR	Thunderridge	20-09.00	19-08.00	+0.0
5 Golightly, Grant	SR	Columbine	21-02.00	19-07.00	1.7
6 Jacobs, Tyler	SR	Monarch	20-06.00	19-05.50	-0.1
7 Ekeanyamwu, Golden	JR	Smoky Hill	21-00.00	19-02.50	+0.0
8 Smith, Travis	SR	Broomfield	20-06.00	18-11.00	+0.0
9 Kaufman, Brandon	SR	Heritage	21-08.00	18-10.50	0.3
10 McCoy, Bruce	SO	Cherry Creek	20-08.00	18-10.00	0.4
11 Kingston, Joey	FR	Rampart	20-06.00	18-02.50	+0.0
12 Crabb, Alex	SR	D'Evelyn	20-06.50	16-11.00	+0.0

Boys Long Jump

Name	Year	School	Seed	Finals	Wind
1 Lee, JR	SO	Thunderridge	20-05.00	20-08.00	+0.0
2 Waters, Kaelen	JR	Durango	20-02.00	20-06.50	-0.5
3 Ivy, Brian	FR	Moffat County	20-05.00	20-02.25	+0.0
4 Gamble, John	SR	Pomona	20-01.00	20-00.50	+0.0

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5	Brown, Aldric	SR	Castle View	20-05.00	19-10.50	+0.0
6	Ruybal, Michael	FR	Alamosa	20-00.00	19-08.00	+0.0
7	Peters, Mikey	FR	Moffat County	20-05.00	19-06.00	+0.0
8	Daniels, Zavean	JR	Smoky Hill	20-05.00	19-02.25	+0.0
9	Merrill, Logan	SO	Akron	20-05.00	19-00.00	+0.0
10	Meyer, Taylor	JR	Heritage	20-01.00	18-10.00	1.3
11	McDondle, Demetrius	JR	Columbine	20-00.75	18-09.00	+0.0
12	Hamlin, Ryan	SO	Monarch	20-02.00	18-06.50	+0.0
13	Lin, Michael		Rampart	20-05.00	18-02.00	+0.0
--	Fisher, Daniel	SR	Broomfield	20-08.25	FOUL	

Boys Triple Jump

Name	Year	School	Seed	Finals	Wind	
1	Fisher, Daniel	SR	Broomfield	41-06.50	42-04.00	5.9
2	Jacobs, Tyler	SR	Monarch	41-00.00	41-08.50	4.1
3	Peters, Mikey	FR	Moffat County	41-00.00	41-06.50	6.1
4	Stokes, Ryan	FR	Golden	40-00.00	41-01.00	6.9
5	McCoy, Bruce	SO	Cherry Creek	41-03.00	40-11.00	7.4
6	Akhavan, Ashcon	SR	Castle View	40-00.00	40-01.50	4.5
7	Colter, Kain	JR	Cherry Creek	40-06.00	40-01.25	6.3
8	Eckert, Sean	SR	Evergreen	41-00.00	40-01.00	8.9
9	Beardsley, Alex	SO	Sterling	40-00.25	39-10.50	5.2
10	Svoboda, Dillon	JR	Conifer	40-01.50	39-02.25	5.7
11	Brown, Jeff	JR	Pomona	40-09.00	38-06.00	7.3
12	Hamlin, Ryan	SO	Monarch	41-03.00	32-10.50	5.0

Boys Triple Jump

Name	Year	School	Seed	Finals	Wind	
1	Nieman, Ben	SR	Greeley West	43-05.00	44-02.00	6.8
2	Turner, Anthony	FR	Harrison	42-08.00	43-06.00	5.7
3	Ivy, Brian	FR	Moffat County	43-06.00	42-11.00	6.2
4	Brown, Randy	SR	Grand Junction	44-05.00	42-10.00	6.5
5	Moore, Devon	SR	Central-Grand Jct.	41-08.25	42-03.00	7.4
6	Limary, Keith	JR	Sierra		41-07.50	3.1
7	Marsette, Tyler	JR	Mountain Range	41-07.00	41-01.00	5.8
7	Kaufman, Brandon	SR	Heritage	42-05.00	41-01.00	1.9
9	Lin, Michael		Rampart	42-09.00	40-09.00	6.5
10	Lee, JR	SO	Thunderridge	43-05.00	40-05.00	2.8
11	Roddey, Stephon	JR	Thunderridge	42-08.00	40-01.00	8.0
11	Gamble, John	SR	Pomona	41-08.00	40-01.00	8.3
13	Reilly, Bill	SR	Mullen	42-00.00	38-08.50	4.2
14	Ekeanyamwu, Golden	JR	Smoky Hill	43-03.00	36-09.00	4.6

Boys Shot Put

Name	Year	School	Seed	Finals	
1	Sparks, Mark	SR	Smoky Hill	55-09.00	59-00.50
2	Sanders, Cody	SR	Heritage	53-00.75	54-08.00
3	Cody, Bobby	SR	Alamosa	50-00.00	53-08.00

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4	Hochanadel, Joe	SR Fort Morgan	50-09.00	51-03.00
5	Terry, Jaden	JR Doherty	50-06.00	49-08.00
6	Turner, Adam	FR Standley Lake	49-09.00	48-00.50
7	Stroehlein, Mitch	SR D'Evelyn	48-05.00	48-00.00
8	Thomas, Terrence	SR Sierra	47-06.00	47-07.00
9	Ford, Brian	SR Alamosa	53-05.00	47-04.00
10	Schmiz, Derrick	SR Littleton	48-00.75	46-00.00
11	Weeks, Mark	JR Arvada	48-07.00	45-10.50
12	Dunman, Ryan	JR Pomona	49-00.00	45-09.50
13	Spaulding, Caleb	JR Fort Collins	51-00.00	45-05.00
14	Forbes, Eric	JR Fort Morgan	48-00.75	45-00.00
--	Davis, Jordan	JR Greeley West	48-06.00	FOUL

Boys Shot Put

Name	Year	School	Seed	Finals
1	Navarro, Lucas	JR Unversity	46-03.00	46-06.00
2	Ellis, Justin	JR Mountain Range	47-00.00	46-02.00
3	Pollick, Mike	DR Platte Canyon	46-02.00	45-11.00
4	Barley, CJ	JR Green Mountian	46-01.00	44-10.00
5	Carroll, Joe	SR Mullen	46-04.00	44-09.00
6	Austin, Brendan	SO Chaparral	46-08.00	44-04.50
7	Melendez, Joel	SR Pine Creek	46-02.00	44-03.00
8	Hoffman, Corey	SR Rampart	45-00.75	44-00.00
9	Knectel, Shayler	SR Silver Creek	47-01.00	43-06.00
10	Kizirian, Alexandre	JR Mountain Range	46-00.00	42-11.00
11	Korisky, Wes	JR Heritage	46-00.00	42-04.00
12	Mosier, Tristan	JR Littleton	47-05.00	41-04.00
13	Ragland, Charles	SR Mullen	46-05.00	41-03.00
14	Wearsley, Jeff	SR Evergreen	46-01.00	39-11.00

Boys Discus Throw

Name	Year	School	Seed	Finals
1	Bolger, dalton	JR Mullen	140-00	139-01
2	Turner, Adam	FR Standley Lake	138-00	138-10
3	Cook, Tanner	SR Mountain View	137-07	135-08
4	Renaldo, Kyle	FR Littleton	135-00	134-06
5	Hewitt, Ryan	SR Mullen	135-00	133-06
6	Weeks, Mark	JR Arvada	137-06	131-05
7	Williams, dana	FR Rampart	38-05.75	128-05
8	Jaquet, Robbie	SO Evergreen	133-07	128-03
9	Kiyotake, Ben	JR Littleton	139-00	125-08
10	Larson, Tyler	JR Mountain Range	132-02	122-04
11	Hochanadel, Joe	SR Fort Morgan	132-07	121-01
12	Roup, Austin	SO Dakota Ridge	135-00	117-08
13	Ford, Chris	SR Smoky Hill	131-00	116-02.50
--	Knectel, Shayler	SR Silver Creek	138-09	FOUL
--	Shannon, Kyle	SR Wheat Ridge	133-03	FOUL
--	Navarro, Lucas	JR Unversity	131-04	FOUL

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Name	Year School	Seed	Finals
1 Sparks, Mark	SR Smoky Hill	179-00	171-03
2 Spaulding, Caleb	JR Fort Collins	151-00	163-03
3 Ford, Brian	SR Alamosa	164-00	159-08
4 Terry, Jaden	JR Doherty	161-05	156-00
5 Frieler, A.J	FR Greeley West	154-00	150-06
6 Lawson, Ryan	FR Sterling	143-00	142-03
7 Dunman, Ryan	JR Pomona	160-00	139-05.50
8 Sanders, Cody	SR Heritage	148-00	137-09
9 Austin, Brendan	SO Chaparral	149-05	132-08
10 Hoffman, Corey	SR Rampart	143-05	131-03
11 Green, Chris	SR Alamosa	142-00	129-01
12 Baker, Dan	SR Columbine	146-05	124-10
13 Trevor, Anhder	SR Pine Creek	143-00	123-09
14 Thomas, Terrence	SR Sierra	140-01	122-09
-- Davis, Jordan	JR Greeley West	166-00	FOUL