

# Poudre Invite Meet Time Schedule:

8:00 AM	<b>Coaches Meeting:</b> Scratches & Substitutions. No Adds.		<b>Pole Vault/Shot/Disk check in's</b>
8:30	SHOT PUT DISCUS HIGH JUMP LONG JUMP POLE VAULT TRIPLE JUMP	GIRLS BOYS GIRLS BOYS GIRLS GRILS	FINALS FINALS FINALS FINALS FINALS FINALS
8:30	100 M. HIGH HURDELS	GIRLS	PRELIMS
8:50	110 M. HIGH HURDLES	BOYS	PRELIMS
9:10	100 M. DASH	GIRLS	PRELIMS
9:30	100 M. DASH	BOYS	PRELIMS
9:50	3200 METER RUN	GIRLS	FINALS
10:10	3200 METER RUN	BOYS	FINALS
10:30	200 M DASH	GIRLS	PRELIMS
10:50	200 M DASH	BOYS	PRELIMS
	<b>BREAK</b>		
11:30	LONG JUMP POLE VAULT TRIPLE JUMP DISCUS HIGH JUMP	GIRLS BOYS BOYS GIRLS BOYS	FINALS FINALS FINALS FINALS FINALS
11:30	800 METER MEDLEY RELAY	GIRLS	FINALS
11:40	4 X 800 METER RELAY	GIRLS	FINALS--HEAT VS. TIME
11:55	4 X 800 METER RELAY	BOYS	FINALS--HEAT VS. TIME
12:10	100 METER HURDLES	GIRLS	FINALS
12:20	110 METER HURDLES	BOYS	FINALS
12:30	100 METERS	GIRLS	FINALS
12:40	100 METERS	BOYS	FINALS
12:50	4 X 200 METER RELAY	GIRLS	FINALS--HEAT VS. TIME
1:05	4 X 200 METER RELAY	BOYS	FINALS--HEAT VS. TIME
1:20	1600 METERS	GIRLS	FINALS--HEAT VS. TIME
1:30	1600 METERS	BOYS	FINALS--HEAT VS. TIME
1:40	4 X 100 METER RELAY	GIRLS	FINALS--HEAT VS. TIME
1:50	4 X 100 METER RELAY	BOYS	FINALS--HEAT VS. TIME
2:00	400 METERS	GIRLS	FINALS--HEAT VS. TIME
2:10	400 METERS	BOYS	FINALS--HEAT VS. TIME
2:25	300 M. HURDLES	GIRLS	FINALS--HEAT VS. TIME
2:35	300 M. HURDLES	BOYS	FINALS--HEAT VS. TIME
2:45	800 METERS	GIRLS	FINALS--HEAT VS. TIME
2:55	800 METERS	BOYS	FINALS--HEAT VS. TIME
3:05	200 METERS	GIRLS	FINALS
3:15	200 METERS	BOYS	FINALS
	<b>BREAK</b>		
3:35	4 X 400 METER RELAY	GIRLS	FINALS--HEAT VS. TIME
3:45	4 X 400 METER RELAY	BOYS	FINALS--HEAT VS. TIME

Times are approximate and will run ahead when possible.