

## **Eisenhower Jump Rope Club**

Jump Rope Club is open to all Eisenhower Elementary students grades K-5, beginner to advanced. It is designed to increase cardiovascular endurance, improve coordination and agility, meet friends, have fun, start the day off invigorated, and learn to be a great rope skipper!

Jump Rope Club will meet most Wednesday mornings from 7:45 to 8:30 am., in the gym starting on Wednesday, September 23<sup>rd</sup> and ending on Wednesday, March 17<sup>th</sup>. There are no financial costs to participate in Jump Rope Club. Jump Ropes are provided for all students. If students wish, they can purchase their own ropes. (\$4.00 for short handle and \$7.00 for long handle.)

Please do not drop off your child before 7:45 a.m. as there is no adult supervision before this time. Students wishing to participate must fill out the permission slip below and return it to Mrs. Leahy or Mr. Neitenbach before they may participate.

Thank You  
Mrs. Leahy  
Mr. Neitenbach

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Please Detach

I give permission for my child to participate in Eisenhower's Jump Rope Club. I do not hold the school, or teachers, liable for any injury that may occur.

(Please Print)

Child's Name \_\_\_\_\_

Child's Grade Level and Teacher \_\_\_\_\_

Parent's Name and Signature \_\_\_\_\_

Emergency Phone Number \_\_\_\_\_