



## Boulder County Prevention & Intervention Program

BOULDER COUNTY PUBLIC HEALTH  
BOULDER VALLEY SCHOOL DISTRICT  
CITY OF BOULDER CHILDREN, YOUTH AND FAMILY SERVICES  
CITY OF LONGMONT  
MENTAL HEALTH CENTER SERVING BOULDER AND BROOMFIELD  
COUNTIES IN COLORADO, INC.  
ST. VRAIN VALLEY SCHOOL DISTRICT  
TOWN OF LYONS

A COMMUNITY PARTNERSHIP SUPPORTING YOUTH, FAMILIES, AND SCHOOLS

# Parent Guide to the Boulder County Prevention and Intervention Program

The mission of the Boulder County Prevention and Intervention Program (BCPIP) is to cultivate health through the integration and empowerment of youth, families and community. BCPIP was founded in 1987 to provide effective school-based prevention and intervention services focused on strengthening students’ skills and abilities to deal with problems, issues, and temptations, as well as to make decisions in a healthy/productive way.

### **What is an Interventionist?**

Interventionists are Master’s-level mental health professionals, many of whom are licensed to practice psychotherapy independently in the state of Colorado. These therapists are subject to ethical and legal statutes and practice guidelines outlined by their professional bodies and state and federal law.

### **What do they do that is different than a counselor?**

Interventionists work in concert with the school community to provide a variety of services including: mental health (e.g. danger to self or others and substance abuse assessments); brief solution-focused counseling; school/community trauma response, networking, and collaboration; referral and follow-up to community agencies and coordination of community-based services offered on-site at schools; consultation and action planning with school staff for prevention and intervention efforts; peer counseling and mediation programs; psycho-educational support groups; youth leadership/empowerment program support; classroom presentations; in-service training for faculty and staff; and graduate-level intern training. Typically, Intervention staff can provide more time to work in-depth with students and families, than school counseling staff are able to commit given scheduling, guidance, and testing responsibilities.

### **Who do they see?**

Student/family participation in the program is voluntary (cannot be mandated/student must agree to be seen). Services are available to all students in the school community, and are provided **free** of charge. BCPIP’s philosophy is to involve parents whenever possible. Intervention services are not restricted to students who are struggling academically. However, they may focus on a variety of mental health issues that, if unaddressed, could impact student academic success. A student may seem to be well adjusted socially and academically and still receive services. Examples may include students with issues related to: adjustment reactions, eating disorders and body image, sexual orientation, depression, suicidality, or grief.

### **What does consent to treat and confidentiality mean?**

As mental health professionals, Interventionists follow federal laws that outlines confidentiality guidelines, and Health Insurance Portability and Accountability Act (HIPAA) regulations. Anyone over the age of 15 is protected by this regulation and also may seek services on their own. **Anyone under 15 must first obtain parental consent to seek services.** The confidentiality guidelines specify that any information received by an Interventionist is confidential unless the student (aged 15 or older) or a parent or legal guardian gives specific permission to disclose the information. Therefore, school personnel, including the principal, will not have information regarding a student’s work with the interventionist unless specific permission is given. Excluded from this protection is information that discloses the intent to harm oneself or others, an incident of child abuse/neglect, or sexual assault. The program maintains strict clinical protocols that Intervention staff is required to follow regarding student/school safety concerns.

### **Boulder County Prevention and Intervention Program - Boulder Valley Staff Directory**

High Schools& Middle/Senior	Staff Member	School Phone Number	Staff Voicemail
Centaurus High School	John Guzzo	303.447.5364	303.441.1555 x92227
Monarch High School	Karin Dudek	303.245.5643	303.441.1555 x92210
Nederland Middle/Senior HS	Suzy Rippy	303.447.5571 x256	303.441.1555 x92222

<b>Middle &amp; K-8 Schools</b>	<b>Staff Member</b>	<b>School Phone Number</b>	<b>Staff Voicemail</b>
Angevine Middle School	Michael Altman	303.665.5540	303.441.1555 x92200
Louisville Middle School	Julie Jungman	303.666.6503	303.441.1555 x92205
Monarch K-8	Julie Jungman	303.665.6424	303.441.1555 x92205

### ***Management Staff***

<b>Position</b>	<b>Staff Member</b>	<b>Phone Number</b>	<b>Staff Voicemail</b>
Program Manager	Jennifer Brown	303.678.6135	303.441.1555 x6135
Clinical Supervisor	Susie Ryder	303.581.7321	303.441.1555x92225
Program Specialist	*Michel Holien	303.678.6108	303.441.1555 x6108

\* Denotes fluent bilingual Spanish/English speakers