

Monarch High School High Altitude Cross Country Camp July 25th - 29th, 2011 Leadville, CO

Location: Colorado Mountain College
Residence: Dorm rooms, 2 students/room
Cost: ~\$390

2011 Activities

- Daily runs
- Friday hike up Mt. Elbert
- Swimming at Turquoise Lake
- Form and Mental Skills with Bobby McGee
- Goal setting with Amy Manson
- New speakers TBA
- Full payment due with registration
- Registration forms available April 1, 2011

More information:

brad_clayton@comcast.net

