

ARAPAHOE CAMPUS

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# THE BUZZ

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HIGH SCHOOL



OCTOBER 2008  
 6600 E. ARAPAHOE RD.  
 BOULDER 80303

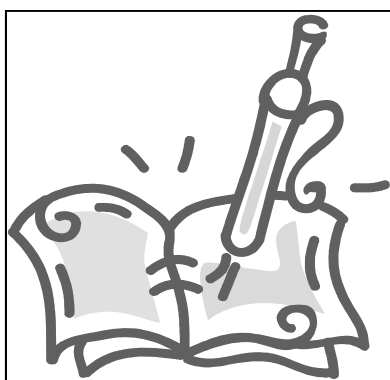
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 FAX LINE 303.447.5258

## FROM THE PRINCIPAL'S DESK

We are well into the school year and all seems to be going well. With numerous administrative changes and even more office moves, students (and teachers) are navigating their way through the building successfully. Adjustments and flexibility have been the common theme of discussion as it is in all of the schools that are experiencing restructuring or construction. You may have also noticed that across the district, several of the Boulder Valley Schools are currently undergoing remodeling projects.

Since the passing of the bond project in Boulder Valley, architects working for Arapahoe Campus have been busily putting together plans for our school construction project. One of the toughest challenges has been determining what direction the Arapahoe Campus visionary team would take is redirecting the focus for rigor in education in a non-comprehensive high school. Also, what changes will best suit students both in the career high school setting and in the district's technical

education programs? If you are interested in providing further input on the construction project, there are opportunities to do so. The School Improvement



Team (SIT) meets the second Monday of each month from three o'clock to four o'clock. This improvement team will be making final decisions on details necessary to begin the project. The hope is to have the ground breaking occur in April or May so that fall classes can resume with as few as possible barriers. Our project deals mostly with shared student space. A new cafeteria will be located between building A and building B. The alley will essentially be eliminated to make room for a student gathering place. The goal is to create hallways within the

buildings that will eliminate the need for students to be outside while moving from classroom to classroom. Another goal is to move students out of the portables and into the main building.

Renaming our school with Board approval is an exciting event that will take place later this year. Students have already heard rumblings of the name change and have genuinely posed some great ideas thus far.

A time capsule is another idea that has been tossed around by eager faculty. What an exciting time! The class of 2010 will be the first graduating class with a newly completed building and name. The time capsule could be opened with those same students' during their 20 year reunion. Perhaps those projections are too mind-boggling to fathom as juniors. I can say as a staff we are looking forward to the journey.

Sincerely,  
 Joan Bludorn  
 Principal, Arapahoe Campus

## NEWS

COME JOIN  
 OUR SCHOOL  
 IMPROVEMENT  
 TEAM (S.I.T.) !  
 NEXT  
 MEETING:  
 OCTOBER 20  
 AT 3:00



### INSIDE THIS ISSUE:

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## COUNSELING CORNER WITH MR. AKIYAMA

“IF YOUR SON OR DAUGHTER INTERESTED IN ATTENDING A COLLEGE IN COLORADO, THERE IS AN IN-STATE COLLEGE FAIR AT THE CU EVENTS CENTER ON TUESDAY, OCTOBER 7.”

**Parents of the graduating Class of 2009**, I have been meeting with all seniors to determine their status towards graduation. They were asked to schedule a 15 minute “Senior Graduation Check” with Mary Parrish in the main office. If your son/daughter has not had their Senior meeting, please encourage him/her to schedule a meeting as soon as possible. Graduation checks can be scheduled for before or after school, during lunch or free periods. If you have questions regarding your child’s graduation credits and/or post-secondary plans, please speak with Mr. Akiyama in the Counseling Office to set up a date/time when he can meet with you. He can be reached at 303-447-5229 between the hours of 7:00 a.m. and 3:30 p.m. each school day.

**Important Notice:** If your son/daughter is planning to graduate early (at the end of the seventh semester), he/she should have brought home an Application for Early Graduation. The application was due September 30, 2008.

**Parents of Sophomores, Juniors, and Seniors:** If your son or daughter inter-

ested in attending a college in Colorado, there is an In-State College Fair at the CU Events Center on Tuesday, October 7, 2008. Over 40 plus colleges, community colleges, and technology schools will be present on this night from 7:00 p.m. to 8:00 p.m. If you cannot attend this college fair, please visit our Career Center or come in and talk with the counselor, Mr. Larry Akiyama.

**Testing Services:** Any student interested in taking the

**PLAN for Sophomores** – Wednesday, November 12, 2008

Room: TBD 8:00 to 11:30 a.m.

Cost = \$ 12.00\*

\*The cost of the PSAT and PLAN tests are estimates at this time. The testing payment is due prior to the test date. If payment is a financial concern, please contact Mr. Akiyama in the counseling office. Sign up began for the PSAT last week of September and will begin

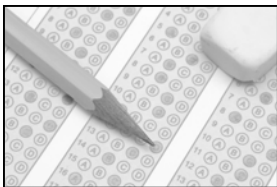
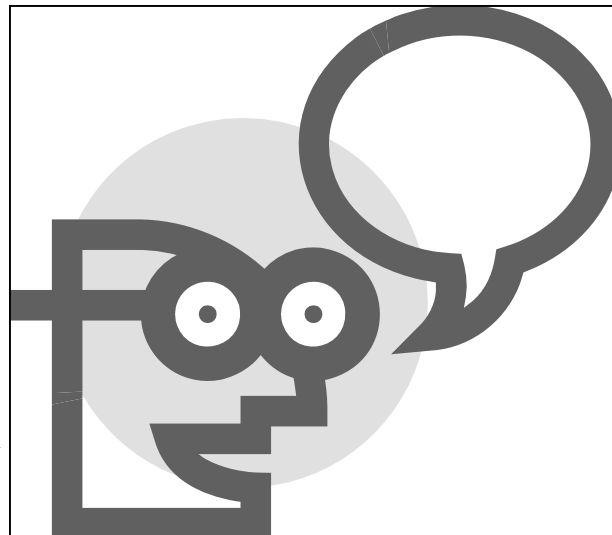
for the PLAN the last week of October. Students can sign up with Mary Parrish in the main office. Registration for both tests is limited, so please contact Mr. Akiyama as soon as possible if you or your son/daughter has any questions about taking the PSAT or the PLAN tests.

You can get more information about the ACT/PLAN or SAT/PSAT by going online to the following web sites: ACT: [www.act.org/](http://www.act.org/) SAT: [www.collegeboard.com](http://www.collegeboard.com).

If you have any questions, please contact Mr. Larry Akiyama, counselor, at 303-447-5229 or by email: [larry.akiyama@bvsd.org](mailto:larry.akiyama@bvsd.org)

Thanks!

Mr. Akiyama



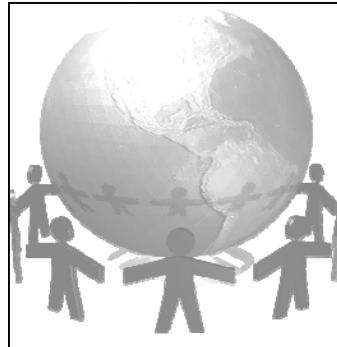
# HIGH SCHOOL HIGHLIGHTS:

## SPOTLIGHT ON SOCIAL STUDIES

In the exciting world of the social studies classes taught by Ms. Spofford there are many interesting subjects engaging student interest in the first quarter.

First, in U.S. History we have been going strong with our study of Native Americans, the thirteen colonies, slavery in America and the building of our country. Students are put-

ting in their best efforts and are developing many skills of historical inquiry.



In Diversity class students are intrigued by the study of racism and prejudice in the U.S. and the Civil Rights Movement. We are waiting to hear the announcement when all the diversity conferences will be held for this year. So, be on the lookout for conference updates and diversity activities.

## FALL ART FLAIR COMES TO ARAPAHOE CAMPUS — OPEN TO ALL!

Are you looking to get rid of all those unneeded items from your basement or garage? Here's your opportunity!

The Arapahoe Campus Art Club is sponsoring a Fall Art



Fair/Flea Market fundraiser called "Fall Art FLAIR" on Saturday, October 4th and Saturday, October 11th from 9 am to 3 pm. in the student parking lot. The cost to outside vendors/participants/BVSD employees is \$15 per space (two parking spaces). There is no charge to any Arapahoe Campus organization, student, or family, who wishes to sell household yard sale items, handmade art, farmer's market items, or other approved sale items. Any BVSD art student or fine arts teacher wishing to sell his or her work will also be provided a booth at no charge.

All profits from the sale of items in each booth go to each campus organization, student or family. Donations of sale items will not be accepted. Please email [dave.pence@bvsd.org](mailto:dave.pence@bvsd.org) or call 303-447-5066 for information. Also look for more information on the Arapahoe Campus website..... [www.bvsd.org/arapahoe/fleamarket](http://www.bvsd.org/arapahoe/fleamarket)

Volunteers are needed to help with parking and supervision....please contact Dave Pence.

"ANY BVSD ART STUDENT OR FINE ARTS TEACHER WISHING TO SELL HIS OR HER WORK WILL ALSO BE PROVIDED A BOOTH AT NO CHARGE."

## TEC TIDBITS:

### CAREER EXPERIENCE PROGRAM AVAILABLE AT BOULDER TEC!

“MAKE US A PART OF YOUR GRADUATION PLANS AND EARN A TECHNICAL CERTIFICATE!”

If you are 16 years of age or older and have a job where you get paid with a pay check and are covered by workman’s compensation, consider enrolling in the Career Experience Program. This class offers a supervised work experience for elective credits. Create an educational course using your

experience at work as the basis for assignments and journals. Learn about harassment and discrimination at work, career suggestions, safety in the workplace and workman’s compensation, just to name a few advantages of taking this program. We are an extracurricular class done outside the

regular school hours. Make us a part of your graduation plans and earn a technical certificate! Contact Maggie Fitzgerald, in the Career Experience Program, at 303 245-5805, or stop by the office located in the former ARHS main office.

### HS & TEC GRAD COMPETES IN DRAG RACING SHOW OVER SUMMER AT BANDIMERE

By Larry Long  
Justin Philips a recent graduate from Boulder TEC Automotive Collision Technology was a competitor in “Pinks All Out” driving the Collision Department Race car. “Pinks All Out” is a drag racing show on the Speed TV Channel. Pinks has multiple shows with racers competing to win the race event at that time. There were 400 racers that competed at Bandimere Speedway in Aug. Justin has raced the car for the Collision Dept before and was willing and able to do so again. He raced against a field of mainly adults. The car ran as good as 12.24 seconds. The car ran into technical difficulties along the way and did not make the final cut. The final cut of cars was a field of 16 that ran off

against each other to the winner. The show will air on Speed TV Channel October the 9th.

Bill Uttich an Instructor from the Collision Repair Program and several students worked hard all summer to make sure



that the car would make the event. During the summer the suspension had to be rebuilt and the engine and transmission were out of the car so there was plenty to do just to get to the event. Justin will be driving the Collision Repair Race Car while competing in

“Pink’s All Out” <http://www.speedtv.com/programs/pinks-all-out/> at Bandimere Speedway in Denver, Co, August 8-9 2008. This is a nationally televised race in which 400 participants from around the nation compete for a spot on the top 16 list. The top 16 then race their way to the top number 1 racer. It will be televised later in the year.

Brock will be representing the Boulder TEC Collision Repair Program from the Arapahoe Campus in Boulder Valley Schools. The car a 1972 Oldsmobile Cutlass was built, maintained and raced by the Collision students on the campus. They race the car at the Bandimere High School Drags every Memorial Day and Labor Day.

“THERE WERE 400 RACERS THAT COMPETED AT BANDIMERE SPEEDWAY IN AUG.”

## PARENT ENGAGEMENT NETWORK PRESENTS: THRIVING DURING THE TEENAGE YEARS AFTER THE SCHOOL DAY ENDS

By Dr. Jan Hittelman

The most recent Youth Risk Behavior Survey (2007) indicates that while the majority of high school students are doing well, we continue to have challenges with a significant percentage of adolescents in our community engaging in risky behaviors. You can review the current and previous surveys by going to: [www.bouldercounty.org/health/yrbs.htm](http://www.bouldercounty.org/health/yrbs.htm).

We know that for adolescents, the time that they are often most at risk is after school between 3pm and 6pm Monday through Friday. Conversely we also know that adolescents who participate in structured after school activities engage in fewer at risk behaviors (e.g. substance abuse, delinquency, victims of crime, sexual activity, etc.) and do better in school. For this reason there are two new community projects currently underway to provide adolescents with increased access to quality after school programs. These are the Community Access Mentoring program and Break Thru Arts at September School.

### Community Access Mentoring (CAM):

A couple of years ago, Dr. Chris King and I met and discuss this issue. As a result of that conversation, we developed the CAM program and eventually received \$500,000

from the U.S. Department of Education to launch it. CAM recruits well screened and trained volunteer community mentors who are housed in the middle schools. Through school and parent referrals, the mentors, known as Access Coaches, meet and develop relationships with youth to connect them with fun after school programs in their community. The Access Coaches also connect with the student's parents and community program staff to ensure that the match is successful. CAM is currently being piloted in Casey and Manhattan Middle Schools and will be expanded into all of the BVSD middle schools over the next two years. Another benefit of the program is the availability of a community map of after school programs on the BVSD web site that any parent can use to learn about specific programs that may be of interest to their child. For more information go to: [www.bvdsd.org/mentor](http://www.bvdsd.org/mentor) or contact Dr. Patti Ashley, the CAM Program Director at 720-203-6844.

Break Thru Arts at September School: In a great example of collaboration, September High School and the YMCA's Break Thru Arts program have joined forces to offer a wide range of after school programs for teens. In partnership with the City of Boulder's Youth Opportunity Advisory Board and the Community Foundation of

Boulder County, The Boulder Arts Commission, The Colorado Council on the Arts, The National Endowment for the Arts, The Jared Polis Foundation, J.C. Penny and Foothills United Way, they are able to offer these amazing 8-week classes for FREE. Current class offerings include: Stained Glass, Graphic Design, Breakdancing, Billiards, Cooking, Screen printing, Table Tennis, Graffiti Art, Ultimate Frisbee, Modern Dance, Natural Highs, Pottery, Adobe Flash Animation, and even Belly Dancing! To learn more about this incredible resource go to: [SeptemberSchool.org](http://SeptemberSchool.org) and click on "After Hour Arts" or call the Class Information Hotline at 303-443-4474 x4651.

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*Learn more about PEN by visiting their website at:*

*[www.parentengagementnetwork.com](http://www.parentengagementnetwork.com) or by contacting Betsy Fox with the Boulder County Healthy Youth Alliance at 303-441-3981.*

*Dr. Jan Hittelman is a licensed psychologist and Director of Boulder Psychological Services, LLC.*

*What's your opinion? Questions or comments for this monthly column can be sent to: 1527 Pine Street, Suite B, Boulder, CO 80302, via email to:*

*[jan.hittelman@gmail.com](mailto:jan.hittelman@gmail.com), or by phone: 720-217-3270.*

### Upcoming PEN Event:

#### *Embracing Technology to Understand Your Child's World*

*Practical Ideas for Raising Kids on Life's Internet Highway*

Linda R. Young, Ph.D.,  
CyberPsychologist

[www.incredibleinternet.com](http://www.incredibleinternet.com)

**October 14<sup>th</sup>,  
7:00pm –  
9:00pm**

**October  
15<sup>th</sup>, 7:00pm –  
9:00pm**

**Fairview High  
School**

**Centaurus  
High School**

(1515 Greenbriar,  
Boulder)(10300 E.  
South Boulder Rd,

## “MORNING MUSINGS”: POETRY SUBMISSIONS FROM MS. SOUCEK’S CLASSES

### **I WILL NEVER FORGET! ...**

Anonymous

I will never forget my days at Arapahoe Ridge. I will never forget my very first, the feeling of being scared, not knowing what was going to happen, wondering, “Will I have a good day, or a bad one?” I will never forget coming to Ms. Soucek’s class, the student art all over the walls, the scent of roses seeping into the room, the aroma soothing my nervous self, the big smile on her face, introducing herself to the class. I especially won’t forget the way she told everyone that she barks like a dog when she is mad! I will never forget the feeling of being “the new kid on the block,” with everybody staring at me, giving me the “evil eye.” I will never forget the times at the smokers’ pit, smoking cigs and playing hac with everybody all the time, or the time Hayden and I made little OE do a “legion run” to join our group. (The time Hayden and I did a legion run, half-way down I accidentally tripped him, and he gashed his side open!) I will also never forget the time I played my guitar for Ms. Soucek’s class, being scared witless, one of my first public performances ever. I will never, will never, forget my times at Arapahoe Ridge, the best days of my life.

Anonymous

A time I will never forget is when I was about four years old. I had just learned how to ride my bike and had been riding for a couple of days. Where I lived at the time was a little mountain town in California named Grass Valley, and my neighborhood was on the top of a hill that wound back into town. I coasted down the hill with excitement; as I sped into my driveway and as I neared my garage, I hit a crack and flew feet-over-face onto the unforgiving concrete. I landed face-first and actually had a rock stuck in the middle of my forehead; little dribbles of blood dripped onto the sidewalk! My sister had already rushed inside to get my mom who, at the completely wrong time, had been dyeing her hair. That was a time I will never forget, not only from the scar, but from that image of my mom with her hair up in the net covered in hair dye.



## “MORNING MUSINGS”: SUBMISSIONS FROM MS. SOUCEK’S CLASSES (CONT’D)

### Poetry: Memoir in Three Words ...

Anonymous

7-9

*The brothers fighting*

10-12

*Shower in shards*

*The devastating breakup*

13-15

*Dad’s first tears*

*Jumping off shed*

*First broken bone*

16-17

*My first job*

*My first love*

By Nicole Gallegos

*I met him*

*I liked him*

*He liked me*

*We got together*

*Had crazy times*

*Fell in love*

*Well, I think*

*He got mean*

*I got mad*

*I played him*

*I was hurt*

*He played me*

*Well, he TRIED*

*Fought too much*

*Too many lies*

*I lost trust*

*Can’t be true*

*Can’t trust guys*

*He changed me*

*I hate him*

### LIFE

By Thomas Peterson

*A fun time*

*Hanging with friends*

*To move away*

*Not so fun*

*New doors open*

*Take the chance*

*Start new beginnings*

*Hear the yelling*

*Start a fight*

*Rule the night*

*Wake up again*

*Talk to friends*

*Dreams in smoke*

*Want to know*

*Will it end?*

### When I Met You

By Tatiana Padilla

*I met you*

*We kissed passionately*

*I loved you*

*You hurt me*

*I missed you*

*We broke up*

*We met again*

*I hugged you*

*Held on tight*

*We made love*

*I got pregnant*

*World fell apart*

*We broke up*

*Sad & Mad*

*I took you*

*In my heart*

*Loving you once,*

*Again I took*

*You in my*

*Heart & Life*

*I moved in*

*I loved you*

*Once more again*

*Guess what, baby?*

*A DADDY NOW!*

*AIN’T YOU HAPPY?*

*We three are*

*A L’IL FAMILY*



## STUDENT POET'S CORNER ... SUBMISSIONS FROM MS. PUSKA'S CLASSES

### Resolutions

By Alana Richardson

Those of us lucky enough to grow up in the United States have the choice as to whether or not we want to participate in our education. For some of us it's hardly a thought – we will go through school easily, graduate, and go on to college. For others of us there are many difficulties and obstacles; but nonetheless, finishing school is still a choice.

Like many students here at Arapahoe Campus, this decision did not come easily for me. This is my sixth year of high school, and I've had many personal struggles throughout. In 2007, halfway through what should have been my senior year, I dropped out of school and began working full time. Graduation seemed impossible, and the most logical way for me to get some kind of closure was by getting my G.E.D. I couldn't get myself to do it, however. I put off registration and testing again and again, and it took a while before I realized that I had already come to the decision that, for me, success in school was measured by graduation.

I know there were many factors that lead to this, but probably the most important one was the sudden departure of a close friend. She died on May 1st, 2006, one week before our junior prom. She was physically stunning, almost to the point of intimidation, but her beautiful features were overwhelmed by the incredible spirit you could hear shining in her voice, and feel in her presence. She was an avid student and was deeply interested in pursuing psychology after graduation. This young woman was going to touch the world, and she was going to make a real difference in people's lives.

And then she was gone. I couldn't comprehend what kind of gross and unfair world we were living in, one that could steal away such a vibrant flame of an individual, and leave a wounded one to suffer. I was not living. I had no goals and no aspirations, other than figuring out the fastest way to distract myself from my misery. I was beyond worthless, bordering nothingness.

Selfishly, I clung to these thoughts for days following her accident. It was shocking when I finally understood that focusing on the loss her death brought to the world, was deeply dishonoring her memory. How terrible if she was to know she had left nothing but negativity in her absence. I felt responsible for letting her accomplishments waste away.

It occurred to me that if I couldn't live for myself, I needed to live for her. This meant standing, growing, and flourishing, so I could carry on her love and her spirit to those that needed her nourishment. But it's not usually a good idea to try and assist or advise those who are broken when you yourself are shattered. I could not accomplish my feat until I had first healed myself. I took action and I did what I needed to do in order to erase my bad thoughts and begin to love my beautiful being. Through this, I began to understand that it wasn't the actual graduation that was important to me, so much as the fact that I needed to prove to myself I was able to finish something that challenged and tested me.

Finishing school has turned out to be one of the hardest things I've done in my life, but it's allowed me to get a glimpse of how much strength I possess. I am thrilled to know that I have the ambitions to do or be anything I choose, and the capacity to ac-

### Honesty

By Jordan Arthur

*Honestly*

*I'm not all that honest*

*I don't commonly lie and*

*I try not to cry*

*But some things I can't help*

*But not be honest*

*Because it's hard for me t*

*take*

*Because my heart may break*

*Honestly*

*There are things I have to*

*keep*

*Not from you*

*But from me*

*Honestly*

*I'm not all that honest*

*To myself*



### Untitled

By Spencer Roff

*Small twinkles of light  
come in the darkest of nights  
but there is still hope in the  
absence of life  
it comes in small twinkles of  
light*

*deep and dark into the blistering fire night  
moving in and moving out  
bursting out like a broken spout*

Insert SAFETY FIRST  
FLYER here ! (attached)

Put it in as Page 9



## ARAPAHOE CAMPUS HIGH SCHOOL

6600 E. Arapahoe Rd  
Boulder, CO 80301  
Phone: 303.447.5220  
Fax: 303.447.5258  
Attendance Line 303.447.5036

“The Best Alternative”

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WE'RE ON THE WEB AT:  
**HTTP://**  
**WWW.BVSD.ORG/**  
**SCHOOLS/ARAPAHOE/**

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Newsletter Editor: Jenifer Farrell  
jenifer.farrell@bvsd.org

## IMPORTANT CALENDAR DATES OCTOBER 2008

### **October 7**

Parent/Teacher Conferences  
3:15-6:30

### **October 20**

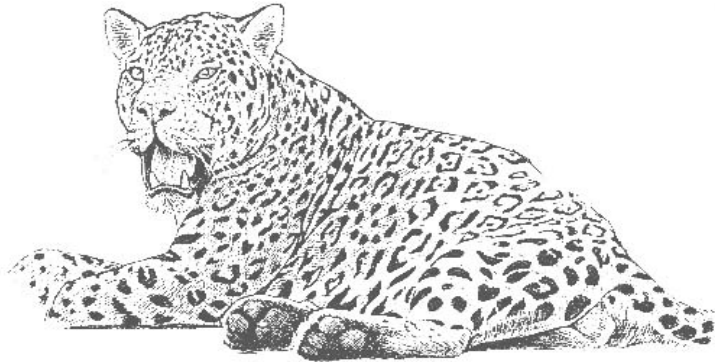
S.I.T. Meeting  
3:00-4:00

### **October 17**

End of First Quarter

### **October 31**

No School for Students —  
Professional Development Day



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## A REMINDER FROM THE ATTENDANCE OFFICE:

Students will not be excused for tardies in the morning or throughout the day. Tardies due to physician appointments will be excused only with a note from that physician. The date must match the date of the tardy or absence.

Absences due to illness are excused, however, after 3 days of illness; a physician's note must be presented to the attendance office. Please feel free to contact the attendance office if you have any questions at 303.447.5036.