



Broomfield High School Parent Council Newsletter

...fostering mutual trust, respect, cooperation, and communication between community and school...

Volume 52, Issue 9 May, 2011

Dear Broomfield Parents:

The school year is quickly coming to a close. Many of our students are currently involved with AP tests while others are working on final projects, presentations, papers, and assignments in classes. In two weeks, we will be formally saying “good-bye” to the Class of 2011 with commencement ceremonies on Saturday, May 21 at 7:30 am. It is now time for them to leave the Broomfield High campus and take on new and different challenges. While we may be nervous about their departures, I am confident that the Class of 2011 will do well in all endeavors they select. In the next few weeks, I encourage you to take the time to reflect on all the events and accomplishments of the past four years and have fun. Congratulations to the Class of 2011!

With much of the focus on our senior students this month, I want to take this opportunity to personally send a special greeting and “thank you” to our Senior parents. Your support throughout the past four years has been exceptional. I congratulate you on all of your efforts. Be prepared for the many events and emotions you will encounter as we lead up to graduation day. You may find yourself happy one moment and in tears the next. I challenge all of us to take the time and stop our hectic lives to talk with and listen to our seniors. They will be gone so quickly and we will never have this special time again.

While we are saying “farewell” to the Class of 2011, we are already diligently preparing to welcome the Class of 2015. I welcome our new parents and students to the Broomfield family. We invite you to join us this coming Monday night at 7:00 pm in the Auditorium to hear more information regarding school procedures and expectations. Administrators and parents will be available to answer all those questions you may have about high school in 2011.

We are close to the end of the school year. Students, study hard for your finals and finish the year strong. Use Tutor Time and Eagle Learning Center to get the extra support you need to accomplish your academic goals. Remember:

BHS – WE LIVE IT!

- Be Responsible**
- Honor Yourself and Others**
- Strive for Excellence**

Sincerely,

Ginger Ramsey, Principal

“BHS...We Live It!”

Broomfield High School
Administration:

Ginger Ramsey, Principal
Craig Boccard, A.P.
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The Parent Council Newsletter is published monthly by B.H.S. Parent Council and B.H.S. Administration to share information about the school, our students, and our events. Please contact Paulette Laging at 720-561-5376 to submit articles for publication.

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ATTENTION SENIORS OF 2011!

Seniors – Once you have made your final decision as to what college you will be attending, please complete your information in the “Final Destination” notebook in the Counseling Office. The Counseling Office maintains documentation about seniors’ postsecondary destinations. We appreciate your help with this effort.

College/Scholarship Applications: Please allow one week for processing applications once you have turned them in to the Counseling Office. Remember there is a \$2.00 fee for each transcript. On the scholarship applications, check the due date and turn in one week prior to this date.

Final Transcript Destination: Your college will require a final transcript, which is not sent automatically. Please enter your information in the “Final Destination” notebook in the Counseling Office.

Future Transcript Requests: If you are 18 years old, transcript requests are your responsibility. Please do not ask your parents to have a transcript sent for you, as they are no longer legally responsible for signing the Records Form. If you are away from home and need a transcript sent, please send us a letter detailing the destination, year of graduation and your signature, along with the \$2.00 fee. This will save time and eliminate frustration.

Don’t Forget to Complete Your Senior Survey on Naviance!

Thank you and good luck with your future educational plans!

Eagle Flight Celebration

For the past eighth years, Broomfield High School has hosted a celebration in which the students, faculty, and staff have the opportunity to say good-bye to our graduating seniors. During the course of the celebration, members of the graduating class, as well as faculty members, are selected to speak. The faculty members give a farewell address to the graduating class, and the selected senior speakers share a parting message to the returning classes. To conclude the event, juniors, sophomores and freshmen are advanced to their new position as seniors, juniors and sophomores. The event concludes when the seniors pass through the faculty to say farewell.

This year's celebration will be held on Wednesday, May 18 in Eagle Gym. **Only students, faculty and staff are invited to attend as this is the only opportunity for those attached with the school to say good-bye to our graduates. This is our special way of saying farewell to those students who have been a very important part of our lives.**

SENIOR AWARDS NIGHT – THURSDAY, MAY 19, 2011!

Senior Awards Night will take place on May 19, 2011 at Broomfield High School at 7:00 P.M. This event honors our graduating seniors who have received special awards and scholarships. Please join us in honoring our deserving students. We are asking the honored seniors to sit on stage to be recognized. Students should wear attire appropriate to the occasion.

*Seniors: If you have received awards/scholarships, whether you will accept them or not, please bring copies to the Counseling Office. This information is also collected for district-wide data, so it is important that we receive accurate information.

INFORMATION FOR THE SENIOR CLASS OF 2012!

As your junior year comes to a close, it is important that you begin to plan for your senior year and the college application process. To assist with this process, here are some guidelines to help you along.

Checklist for College Applications

1. There is a white "Request for Transcript Form" in the Counseling Office for transcripts. This form allows you to list four colleges per form. The cost is \$4.00 for the initial transcript which covers the first and final transcript that is sent. All additional transcripts are \$2.00.
2. The college application form should be filled out completely and neatly.
3. Be sure that you have signed your application.
4. Proof your essay for spelling and grammar errors.
5. Please attach your college application fee check to your application if applicable. (Most online applications accept credit cards.)

6. If you are applying online, some colleges will have you print out a page to be brought to the Counseling Office to be completed. Additionally, please complete a “Request for Transcript Form” to have your transcript sent.
 7. Counseling processing time after ordering an Official Transcript is one week; two to three weeks, if the college requires a letter of recommendation from the counselor.
 8. All colleges you are applying to must be listed on the “colleges I’m applying to” page on Naviance. See your counselor if you need assistance.
-

JUNIORS: BEGIN YOUR COLLEGE VISITATIONS NOW

You have your college choice down to a precious few schools. How do you make that final decision? According to FastWeb, you need to consider many factors some obvious and others not so obvious. Visit as many campuses as you can this summer!! Keep the following in mind during your visit:

Obvious

College cost. What is the difference between financial aid packages?

How much does housing cost?

What is my actual cost? What about lab fees, fees to add/drop a course, transportation home, computer/internet fees, parking, security deposit, etc.

What is the average increase in tuition and other costs?

Does your college offer the program you want?

What is the quality of academic resources, such as the library, equipment, computer labs, etc?

What kinds of career planning services are available?

What student organizations are on campus?

What meal options are available?

Not So Obvious

How easy is it to switch majors?

What percentage of students graduate in four years?

What is the retention rate?

Do you need a car?

SELECTING A COLLEGE – WHERE TO START?

Selecting a college can feel like an overwhelming task. Here are a few ideas to get you started.

- Read your mail. You are probably receiving a lot of mail from schools by now. Read as much of it as you can, but remember that this information is to sell you on their school. Try to remain objective.
- Search colleges using Naviance. Students have registered and have accounts. Access the site at **connections.naviance.com/broomfieldhs**
- Talk to friends and family about their college experiences.
- Write down what you want and need from a school. Do you want a large, public university or a small, private school? Do you want to play a particular sport or participate in a specific activity? Would you be more comfortable in an urban or suburban setting? How much tuition can you afford?
- **Visit campuses**. This is extremely important to get the “feel” of a school and there is no substitute for being there. When you visit, make sure the Admissions Office knows that you were on campus. Schedule an appointment if possible. Take notes as you visit. Go to a class and talk to current students. View other campus buildings, such as the residence hall rooms, cafeteria, computer labs, library, etc.

THANK YOU!

Thank you to all parents who attended Parent Teacher Conferences in March. We appreciate the effort you made to communicate with us regarding your students. Please feel free to email or call teachers whenever you have questions about your student’s progress.

Thanks to Sarah Spencer, the Parent Council, and all the parent volunteers who provided dinner for us during conferences. As always, the food was delicious and very much appreciated.

We wish to thank Stacey Baker and Jackie Rademacher for her organizational skills and parents who contributed food donations for students before our CSAP and ACT testing days. Your efforts undoubtedly help our students to do their best.

In addition, our thanks go to Stacey Baker for organizing the receptions for our many student awards events this year. We appreciate the additional opportunity for parents and students to celebrate a job well done.

STUDENTS NOT RETURNING 2011 – 2012 SCHOOL YEAR

Parents, if you know that you will be moving over the summer, please send an email to our Registrar (heather.trujillo@bvsd.org) to let her know where your student will be attending next year. Thank you!

YEARBOOK DISTRIBUTION EVENT SCHEDULED

The yearbook Staff has worked hard all year to produce a fantastic student publication for Broomfield High School and would like to showcase their work with a celebration. On Thursday, May 12 students and faculty will gather in Wilkerson Gym after school to kick off the yearbook distribution festivities. Students need to bring a photo identification to pick up his/her book. Students will NOT be allowed to pick up books for friends, siblings, or anybody else. There will be a very limited number of yearbooks for sale at the distribution event. If you want to be sure you get a copy, you should buy your book soon. Remember, students will not be allowed to pick up his/her book if he/she has unpaid fees, so take care of the fines before May 12. If a student cannot attend this great party, they can pick up their book on Friday, May 13 from 3 – 5 p.m. in the Library.

The 2011 yearbook staff is looking forward to the distribution party to unveil their hard work, dedication, and the memories of the 2010-2011 school year. More information will follow in the daily announcements. If you have any questions, please contact Matthew Lay, yearbook adviser, at matthew.lay@bvsd.org.

LIBRARY FINES

Jane Schissel, Librarian

Overdue notices have recently been delivered to students. The library staff will happily answer any questions you might have about your child's library record. We charge 10 cents a day for every day a book is overdue.

In addition, fines are posted in Infinite Campus a few days prior to the end of the semester. Please note that we are unable to determine the overdue fine on a book that has not been turned in; therefore, the cost of the book will be listed in Infinite Campus. Please call 720-561-5391 to obtain information about your child's library obligations.

Class of 2015!

Broomfield Blue Crew wants to welcome you to Broomfield High School. We look forward to meeting our new incoming Freshmen in the fall of 2011. Reminder: August 15th from 8 am – 2 pm is Freshman Orientation Day. We will meet outside Eagle Gym at 7:45 am. It is a day of fun activities, free lunch, and an opportunity to get acquainted with your new school, so mark your calendars. You will be contacted by your BLUE Crew leaders during the summer so that they can introduce themselves and remind you about the upcoming activities. If you have any questions, please contact Greg Garner at greg.garner@bvsd.org or Kristen Bushaw at kristen.bushaw@bvsd.org. We look forward to seeing you there!

SCIENCE ACHIEVEMENTS AND AWARDS

by Karen Hyde Edgerly

Nicholas Martella (12th grade) is receiving the American Chemical Society Award for his outstanding achievement in Advanced Placement Chemistry. Next year he will be pursuing an engineering degree from the Colorado School of Mines.

Marc Besson (12th grade) has been nominated for the Massachusetts Institute of Technology NEST (Network of Educators in Science and Technology) Student Award. This is for his initiative the past three years in pursuing internships in physics and astronomy at the University of Colorado at Boulder and the University of Northern Colorado.

Congratulations to both!

STUDENT COUNCIL UPDATES

Our second Club Blue of the year was another successful and fun night. About 400 students danced the night away to music provided by BHS student Perry Taga.

On Wednesday, April 6, Sooraj Cherokut earned the title of "Mr. BHS". Sooraj rapped his way into BHS history by becoming the third student to claim this title. He won a \$100 gift card along with a free tuxedo rental for prom provided by Men's Wearhouse.

Events to look for as the year wraps up:

Thursday, April 21 - Spring Arts Assembly along with elections for 2011-2012 Exec Board

THE HEART OF BROOMFIELD AWARDS

In 2000, the Broomfield Community Foundation began the Heart of Broomfield Awards. This award recognizes those individuals who have made significant contributions to the community of Broomfield. The Youth category specifically recognizes an outstanding community member, age 18 or younger. Broomfield High School, has been represented for 9 out of the last 11 years by:

2000	Tony Ferraro	2007	Travis Boccard
2001	Greg Kottyan	2008	Molly Dorans
2002	Chris Winans	2009	Melanie Ferraro
2004	Caitlin Moroze	2010	Scott Fiedler
2006	Kevin Fiedler		

WHAT A GREAT FEW WEEKS IT'S BEEN FOR CHOIR AT BROOMFIELD HIGH SCHOOL!

By Brian du Fresne, Director of Choirs

Our biggest event of the year was a smashing success. POPS is known for showcasing some of the most promising talent of our amazing student body, and this year was no exception. Three nights of a variety of musical, dance, spoken word, standup comedy, and choirs doing a set called iPops Shuffle made for a great night out. I encourage any student who has ANY unique talent to consider auditioning for POPS next year. This is such a great opportunity for our kids to really strut their stuff. Thanks to our teacher judges, and BHS administration for being so supportive of this school-wide event.

A few days after POPS (during Spring Break), eighteen students travelled to New York City for five memorable days of singing in amazing spaces, participating in music workshops, seeing a musical, a play, AND an opera, sight-seeing, and having a LOT of fun. Thanks to all the parents who helped their kids get to New York, and thanks so much to my colleague Rob Scott (my partner in this great adventure!) for taking on so much of this project. Finally, thanks to all the students who worked so hard raising funds, and being such great ambassadors from Broomfield High School to the music and theatre community in New York City! Bravo!

Our end-of-the-year concert will be on Thursday, May 5 at 7pm in the Auditorium. This will feature all the ensembles singing their hearts out. You will also have the opportunity to see and hear various solos and small groups from the choirs doing renditions of some of their favorite charts. During this concert we will recognize our outstanding seniors, as well as those who letter in choir. Please come and show your support of music at Broomfield!

Finally, I would like to express deep thanks to Ms. Alexandra Diessner for being such a wonderful student teacher. She is finishing her degree at CSU and will be entering the world of being a choir teacher soon! Thank you, Alex, for bringing your enthusiasm and great skill to our choir kids – you will be missed!!

YEARBOOK SENIOR PHOTO FAQs

**Here is some helpful information about next year's senior section
in the 2011-2012 yearbook:**

Senior photos are due Tuesday, November 1, 2011. Photo studios often take four to six weeks to process photos, so please plan accordingly when making an appointment in order to meet our deadline. We encourage you to have photos taken during the summer to avoid any problems. However, please note that an expensive studio photo is not necessary and we will be happy to include a nice head shot that you arrange to have done with the same specifications listed below:

- Head and shoulders only
- 1 and 1/4 inch from chin to top of forehead
- color
- glossy
- photo size two inches by three inches
- no props
- soft focus NOT acceptable
- digital photos acceptable (please put the photo on a CD, flash drive, or email to Mr. Lay at matthew.lay@bvsd.org)
- lightly print name on back of photo with a ballpoint pen, NOT a felt pen (it smears!)
- place photo in an envelope or attach to a piece of paper and place in the “senior photos” box in the Main Office.

Return of photos: We CANNOT return senior photos.

Names: We CANNOT use nicknames in the senior section.

Vo-tech students: If you will be attending Vo-Tech during your senior year, please be sure to read all parent newsletters for yearbook announcements, stop by the Main Office, or call the school for information.

**UNDERCLASS AWARDS ASSEMBLY –
Tuesday, May 24, 2011**

An Awards Assembly for underclassmen will be held Tuesday, May 24, 2011 at 2:15 p.m. in the BHS Auditorium immediately following our seventh period final exam. Please join us to recognize our students.

**FRESHMAN PARENT ORIENTATION
for
PARENTS OF INCOMING NINTH GRADERS
IN 2011-2012**

BHS Parents, if you know any incoming ninth grade parents, would you please pass this information on to them? We’ll send a postcard invitation and ask the middle schools to share the information, but we would also appreciate your help. Thanks!

The BHS Administrators and BHS Parent Council would like to invite parents of next year's incoming ninth graders to

A Night of “Fact and Fiction” (Freshman Parent Orientation)

on Monday, May 9, 2011

at 7 p.m.

in the BHS Auditorium.

- What is BVSD 360/Blue Crew?
- What do freshmen do the first day?
- What is the BHS attendance policy?
- Is there a dress code at BHS?
- What is a “block day”?
- What is open campus?
- How does Mary register for sports?
- How does John change a class?

Come find out everything you always wanted to ask, but didn't know who to contact.

**PARENT VOLUNTEERS REQUESTED FOR CATERING 1'S
“TASTE OF BROOMFIELD” FINALS**

The Catering I Classes have selected their group themes and recipes for the culminating experience, “A Taste of Broomfield.” Students are currently working on the portfolio component of the final which requires them to become the experts on their chosen recipe in regards to food history & science, nutrition, culinary techniques, and food cost.

The students' recipes are to be prepared at home and presented applying their group's theme on the day of the final. Representatives from the business and restaurant/hospitality industry serve as evaluators of the students' culinary projects. If you are interested or have a contact from the industry please contact the instructor, Donna Erlewine at donna.erlewine@bvsd.org or at (720) 561-8100. The students' presentations to business persons and professionals are an important part of the final learning experience. Parents are also welcome to come in to help or enjoy viewing the thematic table scapes and sample the delicious variety of recipes prepared by the students.

**PROSTART PARTICIPATES IN FCCLA
STATE FCCLA CULINARY COMPETITIONS**

ProStart students competed at Johnson and Wales University on Friday, April 22, 2011 in culinary competitions. Students competing were Shawn Sibley and Kory Skattum in the Front of the House Event, Desiree Warner and Nick Welsh were competing in the Gourmet Dessert Event, and Farid Srouji competed in the Knife Skills Event.

A special thanks to Marie Sibley for assisting in transporting students and serving as encourager and problem solver.

REBECCA PETERSON MEMORIAL SCHOLARSHIP RECIPIENT ANNOUNCED

ProStart Sr. Abby Carlson was selected as the 2011 recipient of the Rebecca Peterson Memorial Scholarship. Abby's sincere interest in culinary arts, academic performance, and commitment to all of ProStart's catering events, and monthly menu service at Corbin Manor earned her this honor. Among Abby's post-secondary options is attending Johnson & Wales University to pursue a degree in Nutrition.

A sincere thank you is extended to the Peterson family for making this scholarship opportunity available to ProStart students. Abby will be honored at the 2011 BHS Senior Awards Night. We are all blessed with the opportunity to remember Rebecca Peterson for her passion for culinary arts, compassion for others, and love of life.

**REBECCA PETERSON MEMORIAL SCHOLARSHIP JUNIOR "RISING STAR"
RECIPIENT ANNOUNCED**

Junior Farid Srouji is the recipient of the Rebecca Peterson Memorial "ProStart Rising Star" Scholarship. Farid was selected as he is participating in the mentorship component of ProStart working at Highland Sr. Residence, his participation in catering events and his consistent demonstration of leadership in the classroom. Farid will be honored with a \$250.00 scholarship to pursue post secondary education in the culinary arts field.

**PROSTART THANKS LOCAL RESTAURANT AND HOSPITALITY BUSINESSES
FOR GENEROUS DONATIONS FO THE 2ND ANNUAL EAGLE SPORTS GALA**

Thanks to John Long, Tina Landers, and the entire Booster Club for the opportunity offered to the ProStart and Catering 2 students to assist in the organization and production of appetizers and

desserts for the 2nd Annual Eagle Sports Gala. The production of food for 400 people was a significant learning experience. The opportunity to use business communications skills in securing donations and the organizational skills used to plan, organize, and implement the event was a tremendous real life opportunity as well. ProStart secured donations well over \$3,000 for the Gala.

Broomfield High School ProStart would like to thank the following restaurant and hospitality professionals and businesses for the donation of food product and setup equipment for the 2nd Annual Eagle Sports Gala. The donation of their gourmet products allowed ProStart students to work with quality ingredients to create upscale appetizers and desserts:

- Chef Robert Holloway C.E.C., McCoy's Family Restaurant: Event mentor and food donor of gourmet deviled eggs and Asian chicken wonton appetizer
- Chef Shannon Hayashi, Art Institute of Colorado: Event mentor responsible for donation of ice carving, the amazing bacon and tomato canapés as well as the intriguing Caprese skewer experience!
- Chef Craig Winter, Art Institute of Colorado: Eagle ice carving
- Art Institute of Colorado, Student Volunteers: assistance with food preparation and event setup
- Karim Amirfathi, owner and employee extraordinaire, Maria Sibley, Altan Alma Organics: fresh produce and herbs
- Robert Lederman, Blue Point Bakery: dinner rolls
- Chef Mike Stussi C.E.C., Rich's: Gourmet cakes, petit fours, and dessert fillings
- Joel Hansen, owner, Garden Grill Catering: Eagle ice carving and event mentor
- Executive Chef Russell Hiner, Gordon Biersch: Tapas and Asian Potstickers
- John Tusa, Nobel Sysco: pastry cream
- Bob Fitterer and Tom Connin, Omega Marketing: bacon, gourmet cheeses and mixed berries
- Kevin Mason, owner and Keith Jones, Corporate Executive Honey Smoked Fish Company: "The World's Finest" Honey Smoked Salmon
- Mike Prezletski, United Sales: gourmet cheeses and olives
- Marci Bowman and Amanda Murrow, Omni Hotel: Weekend Golf Package and table linens
- Lo Mielke, Red Bird Farms: Red Bird Chicken skewers
- Annette Rich, Cheese Cake Factory: donation of Cheesecake Factory gift cards
- Katie Kochran, owner, Kati's Custom Cakes and Creations: Katie taught ProStart students skills for making the 175 Oreo Cookie Truffles!

A special thanks to the following individuals who contributed to the success of the gala:

- Tina Landers, Booster Club Gala Chairperson
- Maria Sibley: Assisted with event planning, setup, service & cleanup – The Gala would be next to impossible without the assistance of Maria!
- Mr. John Long and Booster Club, Broomfield High School

- Michelle Mess, Account Manager, Shamrock Foods: Introduced ProStart to new chefs and food product lines that were donated.
 - John Guardado, Former ProStart student attending the Art Institute of Colorado's Culinary Program
 - Kate Hughes, Former ProStart attending Art Institute of Colorado's Culinary Program
-

FINAL EXAMS AND END OF YEAR CHECK-OUT

[Final Exam Schedules follow]

Reminder: Upon completion of final exams, seniors **will** continue to attend classes and are given an opportunity to study for their upcoming exams. **Seniors are expected to attend classes through Thursday, May 19, 2011.**

Notes from the Administration:

Parents, if you have concerns about the number of finals your senior will have on Monday or Tuesday, please contact Mrs. Ramsey at ginger.ramsey@bvsd.org. Thank you.

The end of the school year is a very busy time for all of us here at Broomfield High School as we're sure it is for all families. As you begin making plans for the summer, please make note of the following:

- **No final exams will be given prior to their assigned dates.** Any students missing an exam will be required to make up their exam(s) upon their return to town.
- Students have the responsibility of attending check-out. For seniors to get their cap and gown they will need to have all signatures in place. Ninth thru eleventh grade students will check out on Thursday, May 26 at 11:10 a.m. **No early check-out is available for students in these grades.**

If you have any questions concerning these or any other year-end events, please call the school at 720-561-8100 for additional information.

Broomfield High School
Final Exam Schedule and Important Dates
For Seniors
 Second Semester 2011

Test Dates

Departments to be tested:

Friday, May 13

Language Arts
 World Languages
 P.E. / Health

Monday, May 16

Science
 Social Studies
 Industrial Tech
 Fine Arts

Tuesday, May 17

Math
 Business
 Computer Science
 Consumer and Family Studies

Wednesday, May 18
(No block schedule)

Eagle Flight
 No exams

Thursday, May 19
(No block schedule)

Make-up exams

2:00 p.m.

Senior check-out

7:00 p.m.

Senior Awards Night

Friday, May 20

10:00 a.m.

Graduation rehearsal

Auditorium

11:30 a.m.

Cap and gown distribution

Student Store Lobby

12:00 p.m.

Senior picnic

Community Park (near the
 Broomfield Library)

Saturday, May 21

7:30 a.m.

Graduation

Elizabeth Kennedy Stadium

Reminder: Upon completion of final exams, seniors **will** continue to attend classes and are given an opportunity to study for their upcoming exams. **Seniors are expected to attend classes through Thursday, May 19, 2011.**

Broomfield High School
Final Exam Schedule Grades 9 - 11
Second Semester 2011

(Note: School begins at 7:45 a.m., May 23 thru May 26, 2011)

Monday, May 23, 2011

7:45 -	9:00	Tutor Time
9:05 -	11:05	Period 1 Final
11:05 -	11:55	Common lunch
12:00 -	2:00	Period 6 Final

Tuesday, May 24, 2011

7:45 -	9:00	Tutor Time
9:05 -	11:05	Period 2 Final
11:05 -	11:55	Common lunch
12:00 -	2:00	Period 7 Final
2:15		Underclass Awards Assembly

Wednesday, May 25, 2011

7:45 -	9:00	Tutor Time
9:05 -	11:05	Period 3 Final
11:05 -	11:55	Common lunch
12:00 -	2:00	Period 5 Final

Thursday, May 26, 2011

7:45 -	9:00	Tutor Time
9:05 -	11:05	Period 4 Final
11:10		Underclass check-out
12:30		Make up exams,
(Last day for students)		

Friday, May 27, 2011 – Teacher workday and check-out– (No school for students)

Tuesday, May 31, 2011 – Grades due to Heather Trujillo by 3:00 p.m.

Tuesday, June 7, 2011 – Second semester report cards mailed home (Tentative)

NATIONAL HONOR SOCIETY INDUCTS NEW MEMBERS

The BHS National Honor Society held their induction ceremony on Tuesday, April 5, 2011. Congratulations to the following new National Honor Society members!

Chris Aimetti	Deborah Kloeckner
Lyndsey Babcock	Zach Kusick
Savanah Baker	Kelsey Ladtkow
Brianna Bausch	Colton Lamb
Jacob Bellendir	Katalena Laufasa-Duncan
Ariege Besson	Tanner Lewis
Julia Birgen	Rebecca Looney
Alexa Briggs	Marissa Lum
Jacob Burchell	Luke Martin
Katie Chrisman	Dale Mathisen
Katelyn Currier	Jenna McClain
Hannah Deardorff	Kathryn Middel-Katzenmeyer
Scott Dickinson	Erin Moroze
Taylor Dorans	Rachel Mostek
Brenna Dowdy	Carolyn Oliver
Thomas Duggan	Jack Reece
Andrew Eaman	Ethan Reed
Zoe Fisher	Nicholas Reisch
Brooke Forland	Taylor Reynolds
Gracie Forrey	Kevin Rhinesmith
Madison Gallipo	Morgan Rynearson
Abby Gardner	Trevor Sackmann
Jake Gardner	Nicholas Saunders
Daniel Gerbrandt	Isaak Sutton
Cassandra Ho	Rita Tat
Brandon Hull	Kayley Thompson
Emma Jacobs	Sarah Vincent
Kimberly Johnson	Lauren Wallerius
Natalie Jones	Mai Yang
Chelsea Kaiser	Nathan Yeo
Annie Klauck	

SUPER KIDS - - - SPRING, 2011

The Super Kids program was established to recognize students who quietly impact the school with their positive force. The students are nominated by faculty and staff at Broomfield High School to receive these awards. It is important to all of us to acknowledge special effort and achievement. We salute these students for their cooperation, desire and hard work. It is with great pride we say these students are the strength of this school. Congratulations to the following students who were honored at a Super Kids Recognition Night on April 11, 2011:

Erika Aguilar	William Feicht	Carolyn Oliver
Lexis Aragon	Luis Figueroa	Kyle Parsons
Jayson Arko	Juan Fraire	Blanca Patino
Cody Armstrong	Alberto Garcia	Diana Patino
Lauren Atencio	Zane Garcia	Alec Perez
Madison Bahl	Rebekah George	Samuel Pettey
Jacob Baker	Daniel Gerbrandt	Adrianna Rose
Marcus Bermel	Zoe Gossett	Rebekah Sabados
Ariege Besson	Zachary Grennan	Bailey Schnoor
Lianne Bingham	Kori Halbeisen	Tanner Schnurr
Hannah Blough	Paul Hendricks	Taylor Schreter
Sarah Bond	Michael Hinton	Rachael Septon
Alexa Brandt	Whitney Hull	Dylan Shanks
Morgan Browning	Emma Jacobs	Lauren Staab
John "Jack" Carlson	Elizabeth Jeffers	Hannah Stobaugh
Nicola Cave	Natalie Kellett	Benjamin Tarkenton
Alexandra Claeys	Alyssa Kimber	Kayla Terasas
Adam Clark	Cheyenne Koch	Kaylyn "Davis" Tousignant
Lauren Clouse	Skye Koch	Brunson Townsend
Erin Crawford	Emma Leenerman	Sean Van de Kamp
Paige Crooks	Xu Lin	Kailee Van Tine
Kiara Crossley	Jeremy Lineham	Zachary Vaughn
Ryan Davisson	Brandon Little	Zayra Vega
Tasha Dean	Abigail Mann	Allison Vincent-Beckman
Hannah Deardorff	Sydnee Marnich	Martin Wallace
Mark Decker	Laura Martin	Chuan Kun Wang
Bradford Dickens	Rachael McCormick	Madison Williams
Brandon Dietz	Kathryn Middel Katzenmeyer	Thomas Williams
Molly Ditges	Macy Miller	Alexander Wilson
Taylor Dorans	Ellie Milner	Todd "TJ" Woelfel
Marisa Eafanti	Lauren Nalezny	Devin Yarbrough
Hayden Estes	Gabrielle Namuth	Nathan Yeo
Katie Evans	Hunter Nelson	
Rachel Farmer	Westin Obenauer	

**Parent Engagement Network presents:
Thriving During the Teenage Years
Effectively Communicating with your Teen**

By Dr. Jan Hittelman

Just when we're getting our parenting down, our children become adolescents and our old parenting strategies no longer are as effective. As our children change developmentally, so must our parenting techniques. The normal developmental progression from pre-adolescence to young adulthood requires a shift from dependence to independence. As parents, we need to teach our children how to behave more responsibly and yet not make their decisions for them or oppose their efforts to take control over their lives. Ideally, we want to nurture their responsible independence. The best strategy to promote a healthy shift from dependence to independence is regular and frequent use of empowerment. Whenever possible, include your child's voice in conversations regarding school, discipline, risk behaviors, rules, etc. If the issue at hand is major and you do need to provide a consequence, empower your child by involving him/her in the discipline plan. If possible, do it at a less volatile time to promote a more productive discussion. As children grow older, parents need to place more and more of the decision-making responsibilities on them. As parents we are often reluctant to do this because we fear that our children will use poor judgment and make mistakes. While this may be true, how else will our children eventually learn to make good decisions? We learn through trial and error. Our children need to make mistakes along the way so that they can learn from them.

As our children shift from dependence to independence, we as parents need to shift from controlling to advising. The most important reason for this is that your child needs to learn to make his/her own decisions to function effectively as a young adult. In addition, the more controlling the parent, the more likely the teenager is to rebel and eventually defy the parent. In this scenario everyone loses. The parent is frustrated and the child loses the opportunity to get useful advice from someone with a lot more life experience. In reality, a parent has very little control over an older teenager's behavior. You can't control their school effort, the friends they choose, the places they go, etc. If you try to maintain control, it's often a recipe for disaster.

To learn more about becoming a more effective communicator and having more of a positive influence on the teenagers in your life, participate in the next FREE Pathways to Parenting Success interactive panel:

What: Teen Speak

When: Monday, May 16, 7:00-8:30pm

Where: Meadows Branch Library (4800 Baseline Road, Boulder)

Facilitators: Susan Denison, LCSW and Elizabeth Matthews, LPC

Cost: FREE

More info: www.BPSBoulder.com

**UPCOMING PEN EVENT:
PEN'S 9th ANNUAL CELEBRATION LUNCHEON**

Monday, May 9th, 11 am - 1:00 pm

Spice of Life Event Center

Featured speaker: Amanda Trosten-Bloom

Director for Corporation for Positive Change

www.positivechange.org

Learn more about PEN by visiting their website: www.parentengagementnetwork.org or by contacting Paula Nelson, PEN chair (pjn6225@yahoo.com, 303-880-6030) or Betsy Fox, PEN Lead Coach, (foxbetsy123@msn.com, 720-563-7007).

Dr. Jan Hittelman, a licensed psychologist, is Director of Boulder Psychological Services and the Founder of the Boulder Counseling Cooperative. Questions or comments for this monthly column can be sent via email to: jan.hittelman@gmail.com, or by phone: 720-217-3270

Parent Engagement Network presenta:
Superando con éxito los años de la adolescencia
La comunicación efectiva con su hijo
Por el Dr. Jan Hittelman

Justo cuando empezábamos a entender mejor como criar a nuestros hijos, nuestros niños se convierten en adolescentes y nuestras viejas estrategias de crianza de los hijos ya no son tan eficaces. A medida que el desarrollo de nuestros niños cambia, también lo hacen nuestras técnicas de crianza de los hijos. La progresión normal del desarrollo de la pre-adolescencia a adulto joven requiere de un cambio de dependencia a la independencia. Como padres, debemos enseñar a nuestros hijos a comportarse con mayor responsabilidad y, sin embargo no tomar sus decisiones por ellos u oponernos a sus esfuerzos para tomar el control sobre sus vidas. Idealmente, queremos fomentar su independencia responsable. La mejor estrategia para promover un cambio saludable de la dependencia a la independencia es concederles poder de manera regular y frecuente. Siempre que sea posible, incluya la opinión de su hijo en conversaciones sobre la escuela, la disciplina, los comportamientos de riesgo, las normas, etc. Si el tema en cuestión es importante y es necesario darle corregirle, dele poder a su hijo permitiéndole que participe en el plan de disciplina. Si es posible, hágalo en un momento menos volátil para promover una discusión más productiva. Como los niños vayan creciendo, los padres deben irles dando más responsabilidad en la toma de decisiones. Como padres, a menudo somos reacios a hacer esto porque tememos que nuestros hijos empleen mal criterio y cometan errores. Si bien esto puede ser cierto, ¿cuándo y de qué manera van a aprender nuestros hijos a tomar buenas decisiones? Aprendemos probando y cometiendo errores. Nuestros niños necesitan cometer errores por la vida para que puedan aprender de ellos.

A medida que nuestros hijos pasan de la dependencia a la independencia, nosotros como padres tenemos que pasar de controlar a aconsejar. La razón más importante de esto es que su hijo necesita aprender a tomar sus propias decisiones para funcionar eficazmente como un adulto joven. Además, entre más controlador sea el padre, más probable será que el adolescente se rebele y eventualmente desafíe a los padres. En este escenario todo el mundo pierde. El padre se siente frustrado y el niño pierde la oportunidad de obtener consejos útiles de alguien con mucha más experiencia de la vida. En realidad, los padres tienen muy poco control sobre el comportamiento de un adolescente mayor. Usted no puede controlar su esfuerzo en la escuela, los amigos que eligen, los lugares a donde van, etc. Si usted trata de mantener el control, a menudo es una receta para el desastre.

Para obtener más información sobre cómo convertirse en un comunicador más eficaz y tener más influencia positiva en los adolescentes en su vida, participe en el próximo panel interactivo de Caminos Exitosos para Criar a los Hijos, es GRATUITO:

Tema: Los adolescentes hablan

Fecha: Lunes 16 de mayo, 7:00 – 8:30 p.m.

Lugar: Biblioteca Meadows (4800 Baseline Road, Boulder)

Facilitadores: Susan Denison, LCSW y Elizabeth Matthews, LPC

Costo: GRATIS

Encontrará más información en: www.BPSBoulder.com

PRÓXIMOS EVENTOS DE PEN:
NOVENO ALMUERZO DE CELEBRACIÓN ANUAL DE PEN

Lunes 9 de mayo, 11 a.m. – 1:00 p.m.

Centro de eventos Spice of Life

Orador destacado: Amanda Trosten Bloom

Directora de Corporation for Positive Change

www.positivechange.org

Infórmese sobre PEN en su página web: www.parentengagementnetwork.org o poniéndose en contacto con Paula Nelson,

Presidenta de PEN (pjn6225@yahoo.com 303-880-6030) o con Betsy Fox, Entrenadora Líder de PEN (foxbetsy123@msn.com, 720-563-7007).

El Dr. Jan Hittelman, es un psicólogo licenciado, Director de Boulder Psychological Services y Fundador de Boulder Counseling Cooperative. Pueden enviar sus preguntas o comentarios sobre esta columna mensual por e-mail a: jan.hittelman@gmail.com, o por teléfono al: 720-217-3270.