

**Flatirons Elementary School
Jump Rope Club**

Dust off your jump ropes! Beginning November 1st all Flatirons students are invited to participate in the Jump Rope Club. Jump Rope Club is designed to increase cardiovascular endurance and improve coordination and agility. Students will develop their jump rope skills and work on community building. Jump Rope Club will meet every Tuesday morning 7:30-8:05 starting November 1st and ending Tuesday, December 13th.

If you are interested in joining Jump Rope Club, please fill out the form below and return it to Ms. T.

**Permission Slip
Flatirons Jump Rope Club**

I hereby give _____ permission to attend the Flatirons Jump Rope Club held in the gym at Flatirons Elementary School from 7:30-8:05 A.M. November 1st -December 13th. I understand that there is no supervision before the start of Jump Rope Club and **I will not drop off my student before 7:30 A.M.**

Classroom Teacher _____

Grade _____

Parent/Legal Guardian _____

Parent/Legal Guardian's Signature _____