

**Mesa Elementary 5<sup>th</sup> Grade Outdoor Education  
Ponderosa/OuterEdge Performance:  
September 21 to September 23, 2011**

**Supply List**

**Weather Readiness:** The 5<sup>th</sup> Grade Outdoor Education Program is conducted almost entirely outside at an elevation of 7000 ft. Your child must be prepared for any type of weather—including snow! Students must wear loose-fitting clothing that is suitable for hiking, climbing, sitting on the ground, and getting dirty. Layering clothing is a good idea! Evenings will be cold, so a winter cap is essential.

For a weather check, visit: [www.weatherunderground.com](http://www.weatherunderground.com) and search on Larkspur, CO.

***Please put your child's name on all clothing and other personal gear.***

Please pack two separate bags - a backpack/daypack and an overnight bag according to the following suggestions.

**DAY BACKPACK** (You must have these items in your pack at all times!!)

- 1 Sack lunch, snack and drink for Wednesday
- 2 Water bottle with water
- 3 Rain gear (jacket or poncho)
- 4 Warm jacket or fleece jacket
- 5 Pair of dry socks
- 6 Hat with a brim (for sun protection)
- 7 Gloves or mittens
- 8 Notebook
- 9 2 pens and 2 pencils
- 10 Ziploc bag (gallon size for holding miscellaneous items)
- 11 Sunscreen
- 12 Bug repellent
- Camera (optional)

On Wednesday, please make sure that your 5<sup>th</sup> grader is dressed appropriately for a day of physical activity and variable weather and has a sack lunch, snack and drink in his/her daypack. Students will not have access to their overnight bags until dinnertime at Ponderosa on Wednesday evening.

**OVERNIGHT BAG:** preferably a soft duffel bag rather than a hard-sided suitcase as we have many to fit on the bus. Please put child's name on all items.

- 1 Winter jacket packed for easy access
- 2 Sleeping bag, pillow, small towel and washcloth
- 3 Complete change of clothes for each day or in case other clothes get wet
- 4 Long sleeve shirts for the outdoors
- 5 Daily change of socks and underwear
- 6 Sweaters or sweatshirts (hooded would be good)
- 7 Long pants (no shorts)
- 8 Hiking boots or very comfortable sturdy shoes (no sandals, crocs or open back shoes). Please do not send your child with brand new shoes or boots as your child will likely get blisters.
- 9 Extra tennis shoes or other shoes to change into if others are wet
- 10 Hat(s) to be worn outdoors during sunny/cold weather and at night
- 11 Gloves or mittens (in addition to pair in daypack)
- 12 Pajamas or appropriate sleep clothes
- 13 Long underwear or equivalent
- 14 Flashlight with extra batteries
- 15 Personal items (toothbrush, comb, shampoo, soap, brush, etc)
- 16 Sunglasses
- 17 Sunscreen
- 18 Camera (optional and please label with return address label)

**Radios, iPods, gameboys, cell phones etc. are not allowed. Do not pack gum or candy. Snacks will be provided each day. Leave your money at home; there is no opportunity to spend it.**

Students are encouraged to bring card games or other "bus friendly non-electronic" games to use during the ride or in the evenings before bedtime.