



FREE “Natural Highs” Parent Information Night

Thursday, February 23, 2012
6.30-8.30 pm
at New Vista High School, 700 20th Street
Community/Café Room 300

“Smart Strategies for the Adolescent Brain,”
with Avani G. Dilger, LPC, CACIII

Learn more about:

- New Vista’s Natural Highs Program, including the Workshop, Action Group, and Peer Mentor Program.
- Brain chemistry basics about sobriety, drug & alcohol use and recovery
- “Second window of opportunity” in adolescent brain development.
- How to support your teen with a sober, healthy lifestyle
- You are welcome to bring your questions to the discussion -

For more information:

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