



Natural Highs Parent Information Night

Tuesday, March 1st, 2011

6.30-8.30 pm

at New Vista High School, 700 20th Street

“Smart Strategies for the Adolescent Brain,”
with Avani G. Dilger, LPC, CACIII

In this interactive presentation we will explore how our bodies and minds function in sobriety, under the influence of drugs and alcohol, and in recovery.

Learn more about:

- Natural Highs Program, including the Workshop, Action Group and Natural Highs Events.
- Brain chemistry basics and the “Second window of opportunity” in adolescent brain development.

You are welcome to bring your questions to the discussion

For more information: Avani Dilger at 303-859-5778 or avani@naturalhighs.us

Facebook: “Natural Highs Boulder” www.naturalhighs.us