

Top Ten Back to School Tips

Summit Staff

1. "Learning is not a competitive sport. We are here to learn *together*." Alex Garcia
2. "Talk about what you are reading at the dinner table." Pauline Sukiennicki
3. "Read your textbook." Valerie Keeney
4. "Keep a sense of humor." Elizabeth Drozda-Freeman
5. "Find a study buddy." Michelle Laub
6. "Bring your planner to *every* class." Cheryle Kapsak
7. "Get a lot of rest. Rest. Rest. Rest." Sara Thompson
8. "Drink water. A hydrated brain is a functioning brain." Adam Galvin
9. "Mix it up at lunch. Meet new people." Jessica Spangler
10. "Ask questions. Ask for help." Elizabeth Burrows